COVID-19 Results Briefing

The South-East Asia Region

April 08, 2021

This document contains summary information on the latest projections from the IHME model on COVID-19 in the South-East Asia Region. The model was run on April 6, 2021 with data through April 5, 2021.

The South-East Asia Region is currently experiencing the largest surge of any global region, as rapidly increasing case numbers have reached the highest levels since the start of the pandemic. While the estimated infection-fatality ratio remains low in the region, daily deaths are increasing rapidly. These significant increases are even seen in places such as Delhi, where seroprevalence surveys confirmed that 65% have already been infected. The speed of the surge happening in settings with high levels of past infection (like Delhi) strongly suggests the surge is driven by an escape variant. Limited genomic sequencing data confirm that escape variants are circulating in the region. In addition to circulating variants, the other primary driver of the current surge are high levels of mobility in many locations. With this week's results, IHME has extended projections to August 1, by which time the reference scenario estimates 323,000 additional deaths across the region. This would bring cumulative death totals to 715,000 before the end of summer, with a projected peak in mid-May. The most effective policy strategies remain the same: continue accelerating vaccination campaigns, promote mask use, and either advise or mandate that the public limit exposure to high-risk settings.

Current situation

- Daily reported cases in the last week increased to 79,500 per day on average compared to 59,300 the week before (Figure 1).
- Daily deaths in the last week increased to 1,100 per day on average compared to 760 the week before (Figure 2). This makes COVID-19 the number 10 cause of death in the South-East Asia Region this week (Table 1).
- No locations had daily death rates greater than 4 per million (Figure 3).
- We estimated that 16% of people in the South-East Asia Region have been infected as of April 5 (Figure 4).
- Effective R, computed using cases, hospitalizations, and deaths, is greater than 1 in 35 countries (Figure 5).
- The infection detection rate in the South-East Asia Region was close to 9% on April 5 (Figure 6).

Trends in drivers of transmission

- Mobility last week was 21% lower than the pre-COVID-19 baseline (Figure 9). Mobility was near baseline (within 10%) in Nepal and Thailand. Mobility was lower than 30% of baseline in Maldives and Myanmar.
- As of April 5, we estimated that 65% of people always wore a mask when leaving their home (Figure 11). Mask use was lower than 50% in Maldives.
- There were 62 diagnostic tests per 100,000 people on April 5 (Figure 13).
- In the South-East Asia Region 76.4% of people say they would accept or would probably accept a vaccine for COVID-19. This is up by 0.1 percentage points from last week. The fraction of the population who are open to receiving a COVID-19 vaccine ranges from 21% in Bhutan to 82% in Indonesia (Figure 17).
- In our current reference scenario, we expect that 1.6 billion will be vaccinated by August 1 (Figure 18).

Projections

- In our **reference scenario**, which represents what we think is most likely to happen, our model projects 715,000 cumulative deaths on August 1, 2021. This represents 323,000 additional deaths from April 5 to August 1 (Figure 19). Daily deaths will peak at 3,610 on May 13 (Figure 20).
- If **universal mask coverage (95%)** were attained in the next week, our model projects 113,000 fewer cumulative deaths compared to the reference scenario on August 1 (Figure 19).
- Under our **worse scenario**, our model projects 815,000 cumulative deaths on August 1, an additional 100,000 deaths compared to our reference scenario (Figure 19).
- By August 1, we project that 110,200 lives will be saved by the projected vaccine rollout.
- Figure 22 compares our reference scenario forecasts to other publicly archived models. Forecasts are widely divergent.
- At some point from April through August 1, four countries will have high or extreme stress on hospital beds (Figure 23). At some point from April through August 1, four countries will have high or extreme stress on ICU capacity (Figure 24).

Model updates

There are no major updates in the model this week.

Figure 1. Reported daily COVID-19 cases

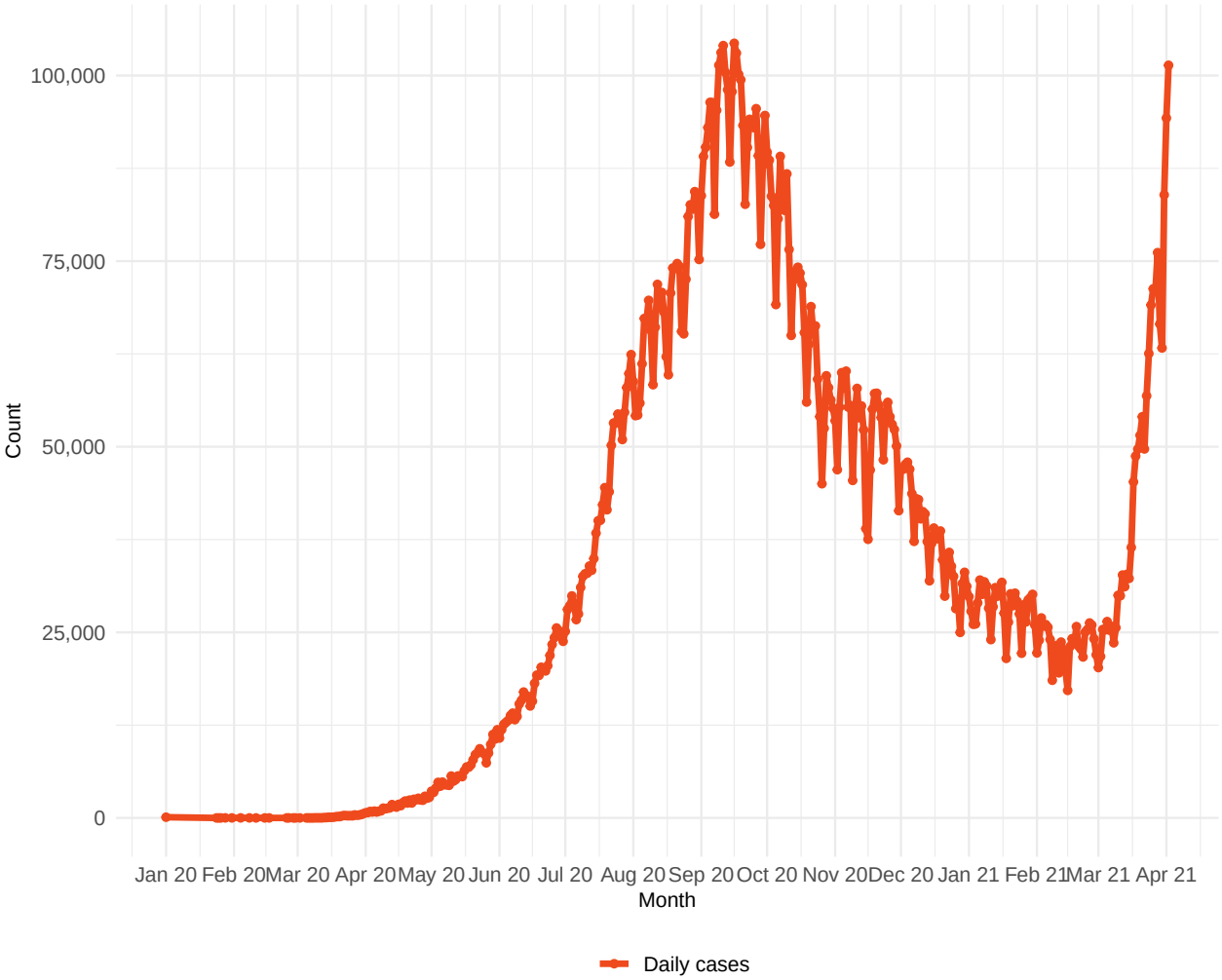


Table 1. Ranking of COVID-19 among the leading causes of mortality this week, assuming uniform deaths of non-COVID causes throughout the year

Cause name	Weekly deaths	Ranking
Ischemic heart disease	39,868	1
Stroke	27,102	2
Chronic obstructive pulmonary disease	21,984	3
Diarrheal diseases	14,328	4
Lower respiratory infections	11,327	5
Tuberculosis	10,815	6
Neonatal disorders	10,504	7
Diabetes mellitus	9,152	8
Cirrhosis and other chronic liver diseases	8,514	9
COVID-19	7,921	10

Figure 2. Reported daily COVID-19 deaths

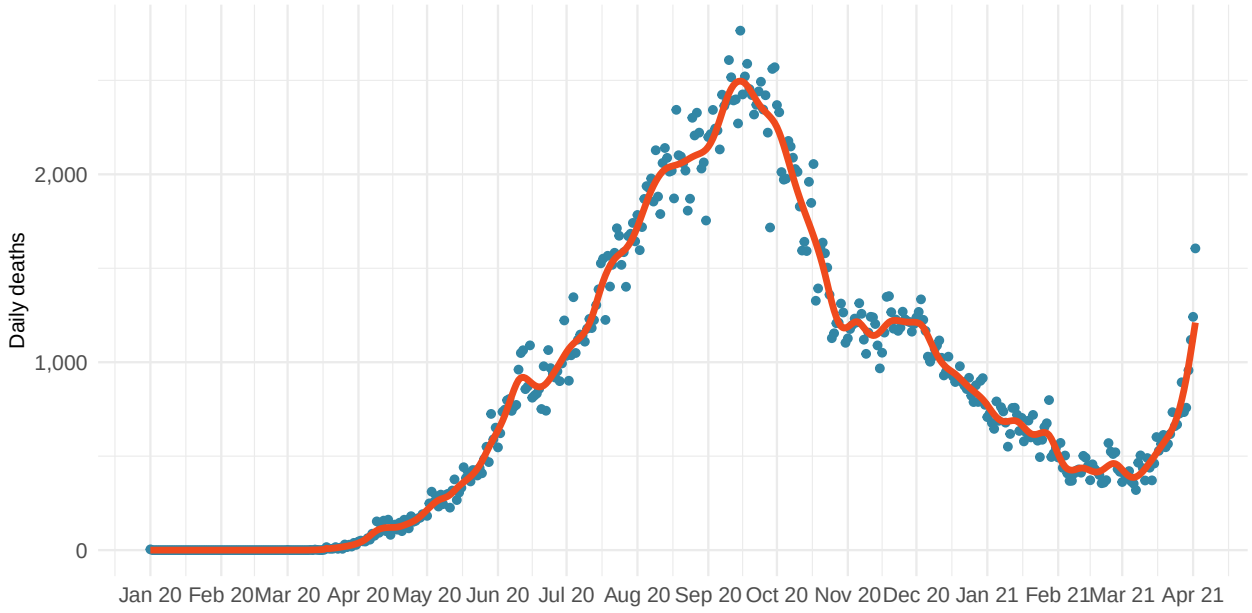


Figure 3. Daily COVID-19 death rate per 1 million on April 05, 2021

Figure 4. Estimated percent of the population infected with COVID-19 on April 05, 2021

Figure 5. Mean effective R on March 25, 2021. The estimate of effective R is based on the combined analysis of deaths, case reporting, and hospitalizations where available. Current reported cases reflect infections 11-13 days prior, so estimates of effective R can only be made for the recent past. Effective R less than 1 means that transmission should decline, all other things being held the same.

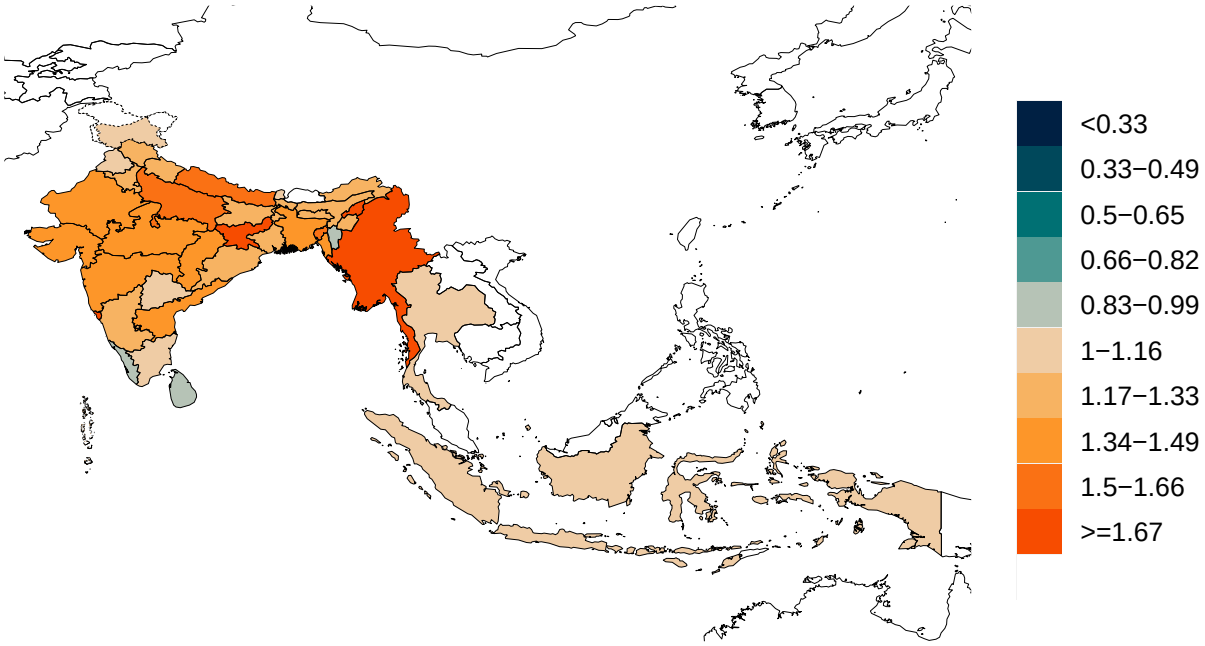
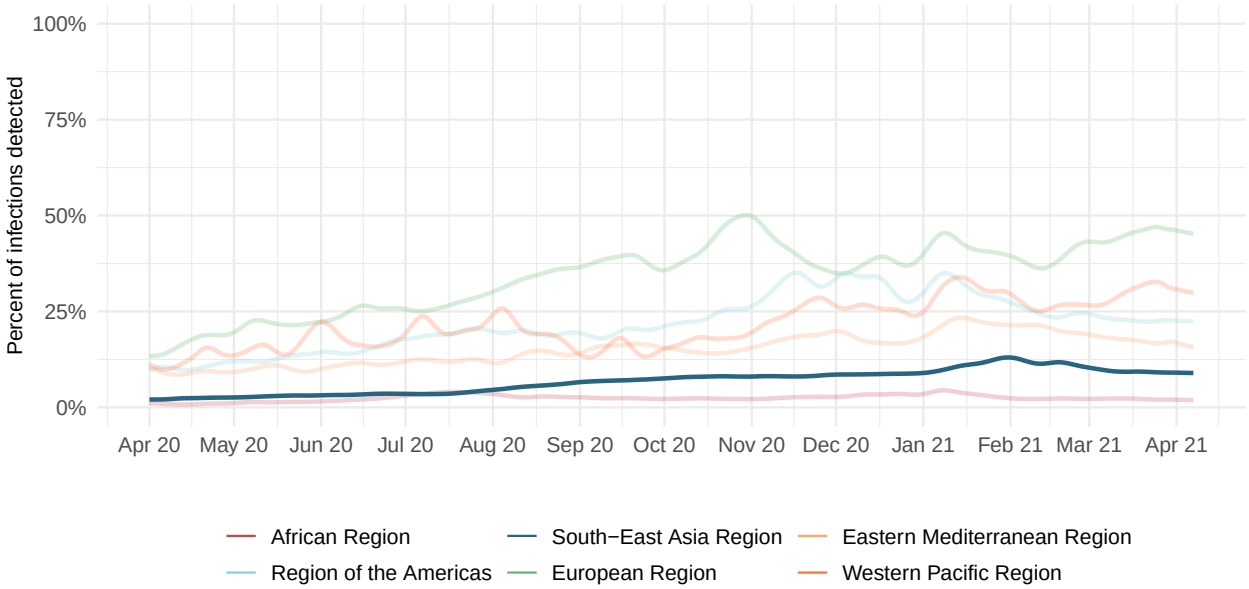


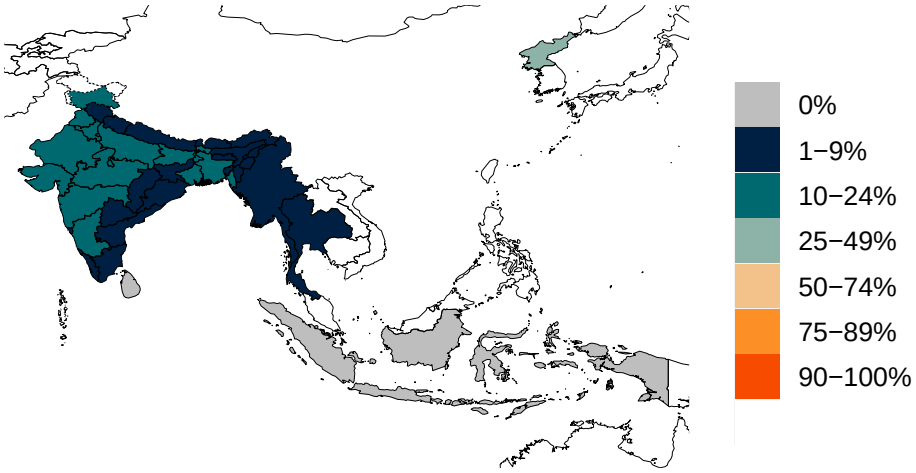
Figure 6. Percent of COVID-19 infections detected. This is estimated as the ratio of reported daily COVID-19 cases to estimated daily COVID-19 infections based on the SEIR disease transmission model.



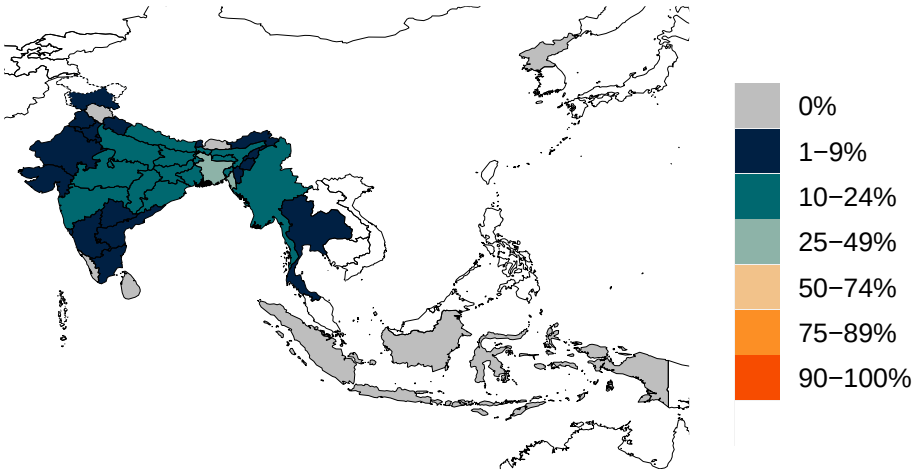
*Due to measurement errors in cases and testing rates, the infection to detection rate (IDR) can exceed 100% at particular points in time.

Figure 7. Percent of circulating SARS-CoV-2 for 3 primary variants on April 5, 2021.

A. Percent B.1.1.7 variant



B. Percent B.1.351 variant

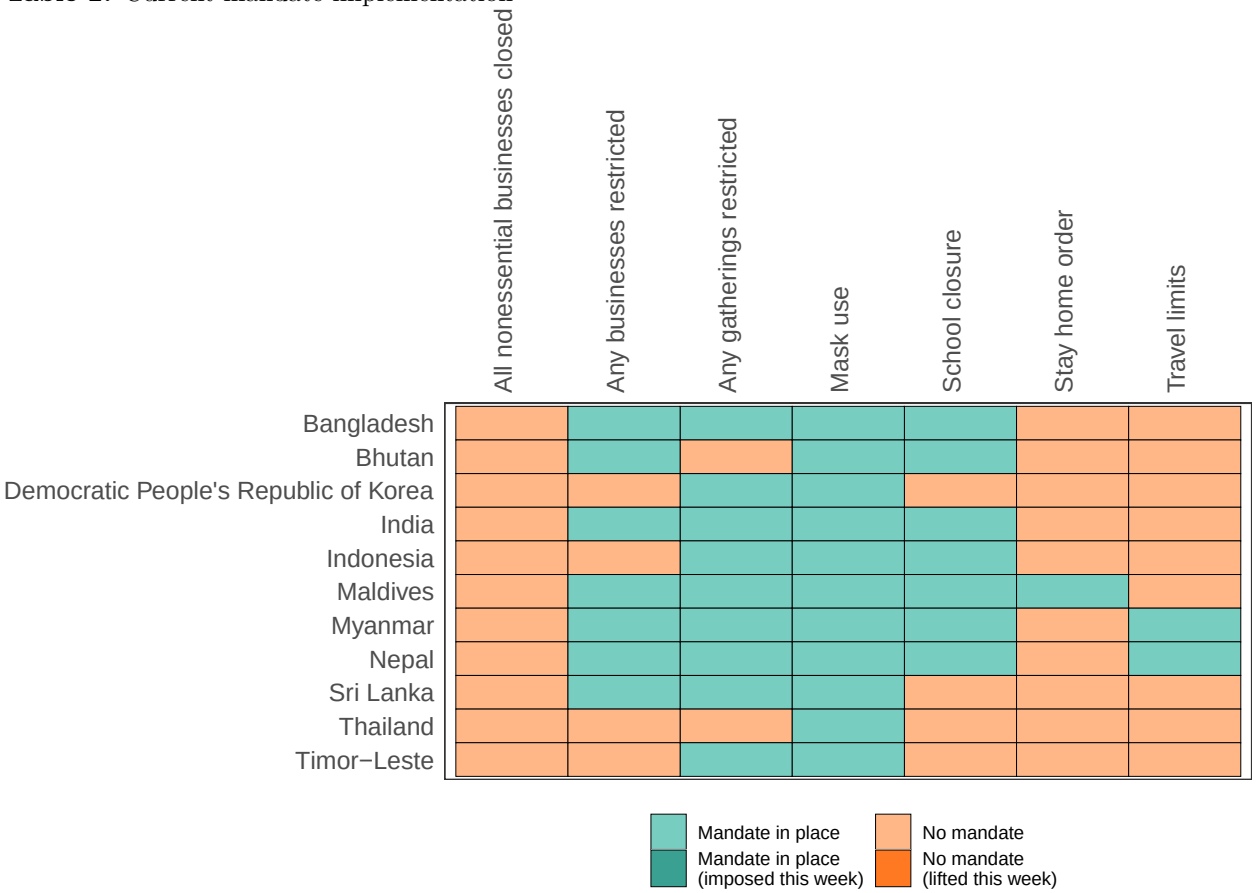


C. Percent P1 variant

Figure 8. Infection fatality ratio on April 05, 2021. This is estimated as the ratio of COVID-19 deaths to infections based on the SEIR disease transmission model.

Critical drivers

Table 2. Current mandate implementation



*Not all locations are measured at the subnational level.

Figure 9. Trend in mobility as measured through smartphone app use compared to January 2020 baseline

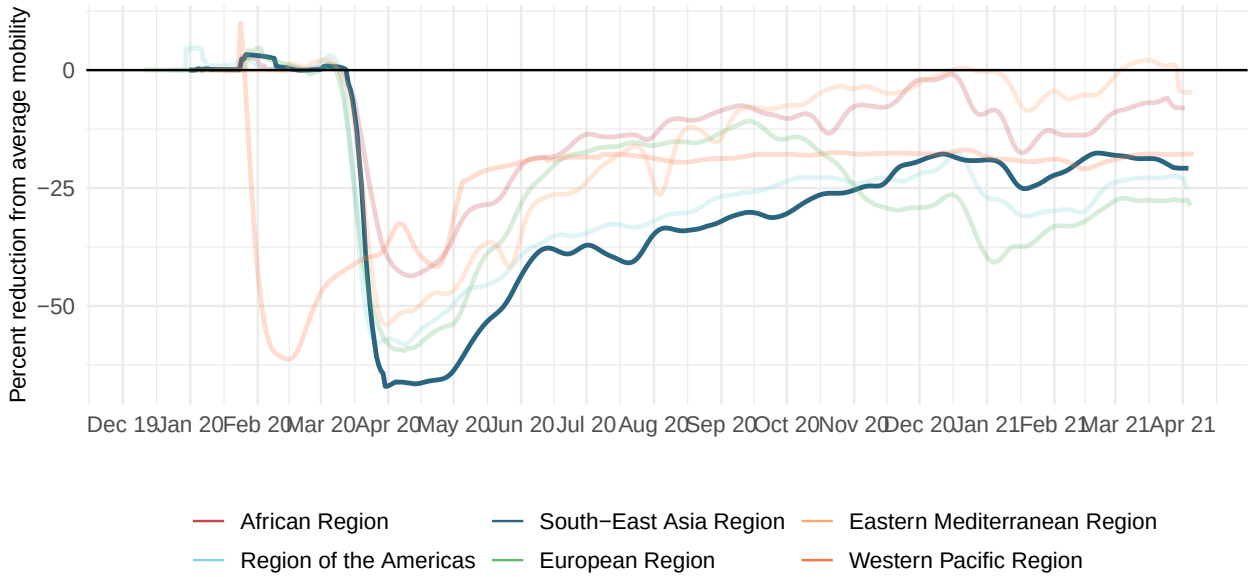


Figure 10. Mobility level as measured through smartphone app use compared to January 2020 baseline (percent) on April 05, 2021

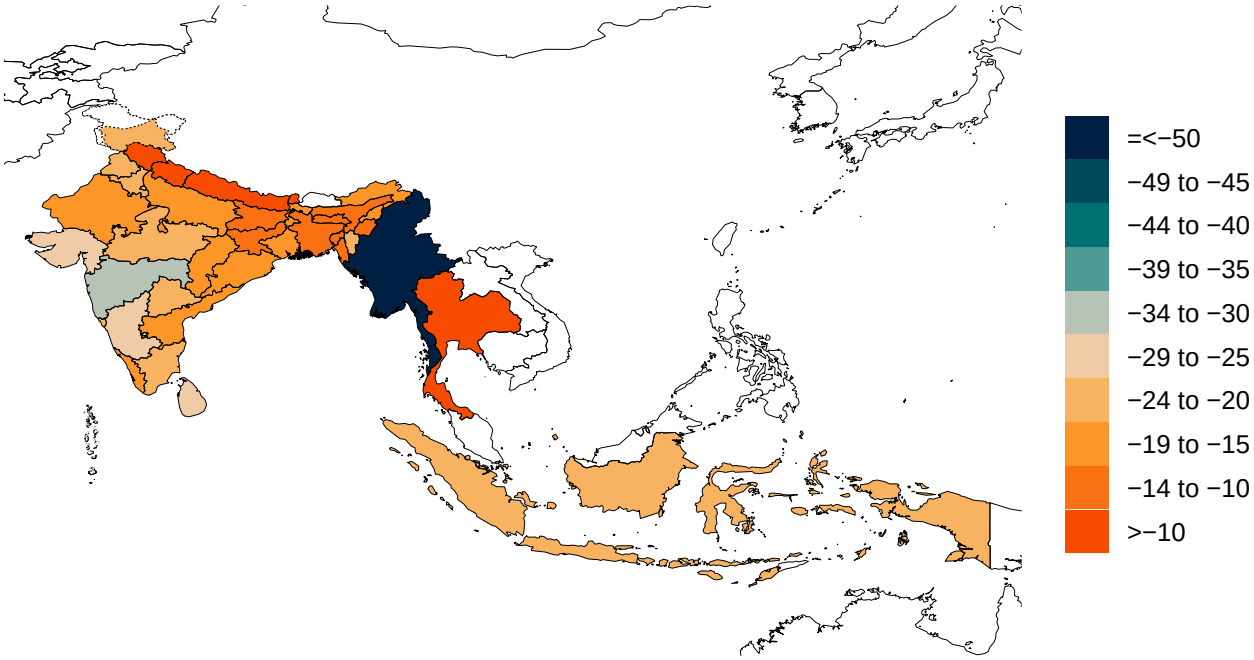


Figure 11. Trend in the proportion of the population reporting always wearing a mask when leaving home

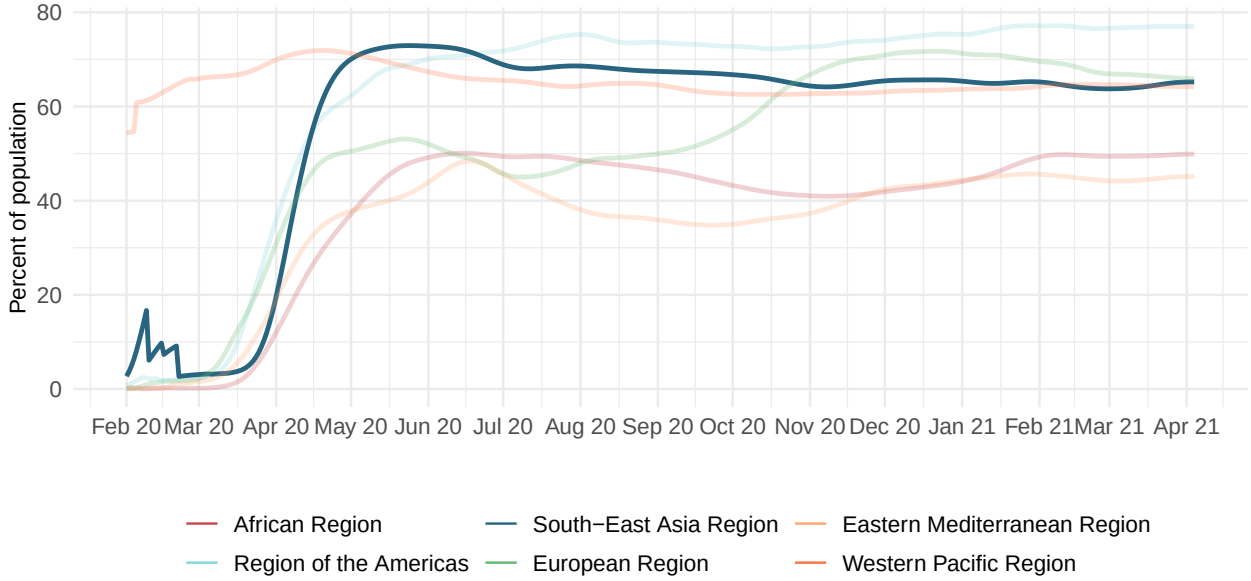


Figure 12. Proportion of the population reporting always wearing a mask when leaving home on April 05, 2021

Figure 13. Trend in COVID-19 diagnostic tests per 100,000 people

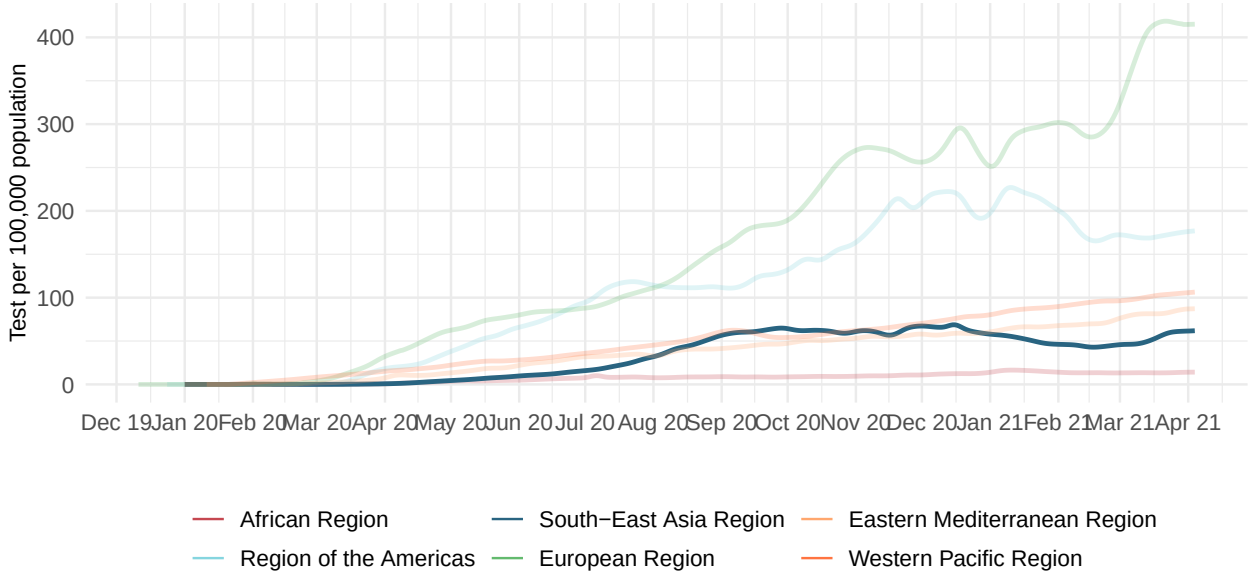


Figure 14. COVID-19 diagnostic tests per 100,000 people on April 02, 2021

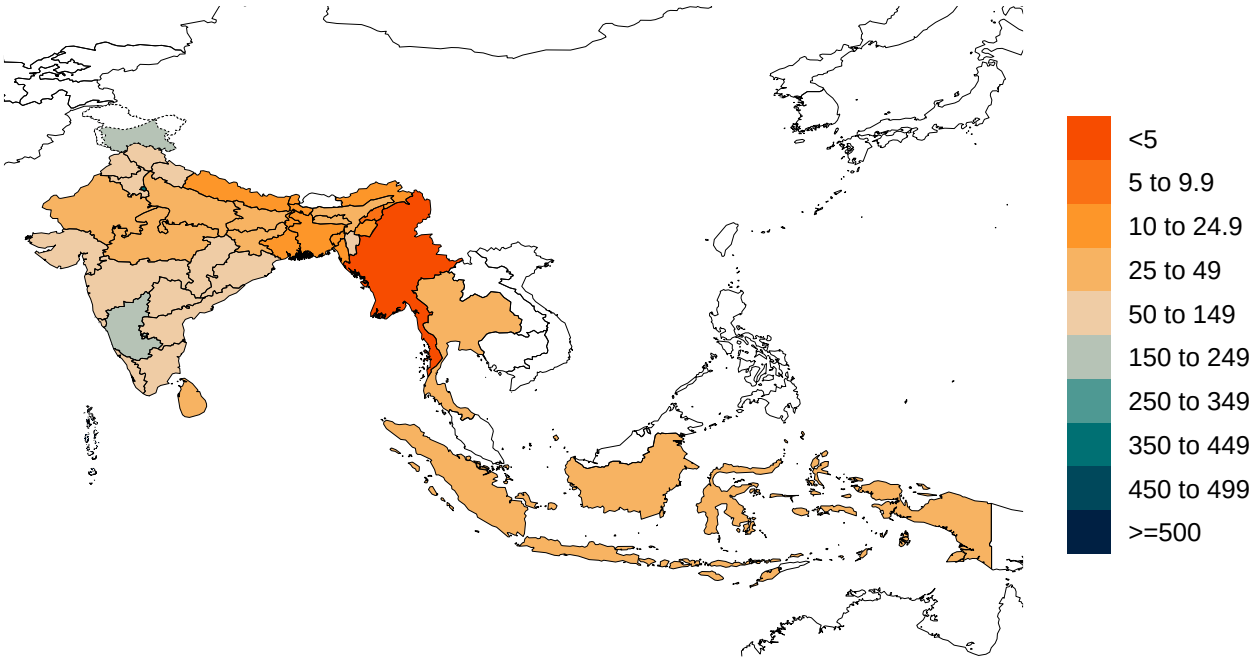


Figure 15. Increase in the risk of death due to pneumonia on February 1 2020 compared to August 1 2020

Table 3. The SEIR model uses variant-specific estimates of vaccine efficacy at preventing symptomatic disease and at preventing infection. We use data from clinical trials directly, where available, and make estimates otherwise. More information can be found on our website (http://www.healthdata.org/node/8584).

Vaccine	Efficacy at preventing disease: D614G & B.1.1.7	Efficacy at preventing infection: D614G & B.1.1.7	Efficacy at preventing disease: B.1.351 & P.1	Efficacy at preventing infection: B.1.351 & P.1
AstraZeneca	75%	52%	10%	7%
CanSinoBio	66%	57%	50%	44%
CoronaVac	50%	43%	38%	33%
Johnson & Johnson	72%	72%	64%	56%
Moderna	94%	85%	72%	62%
Novavax	89%	77%	49%	43%
Pfizer/BioNTech	91%	86%	69%	61%
Sinopharm	73%	63%	56%	48%
Sputnik V	92%	80%	70%	61%
Other mRNA vaccines	95%	83%	72%	63%
All other vaccines	75%	65%	57%	50%

Figure 16. Trend in the estimated proportion of the adult (18+) population that have been vaccinated or is open to receiving a COVID-19 vaccine based on Facebook survey responses (yes and yes, probably).

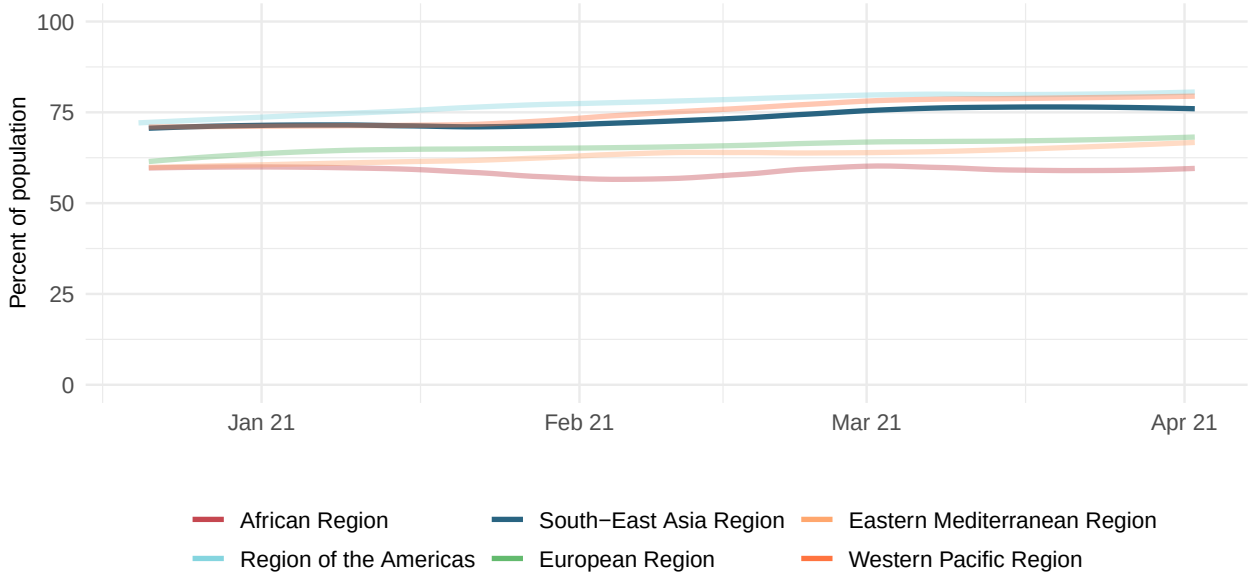


Figure 17. This figure shows the estimated proportion of the adult (18+) population that has been vaccinated or is open to receiving a COVID-19 vaccine based on Facebook survey responses (yes and yes, probably).

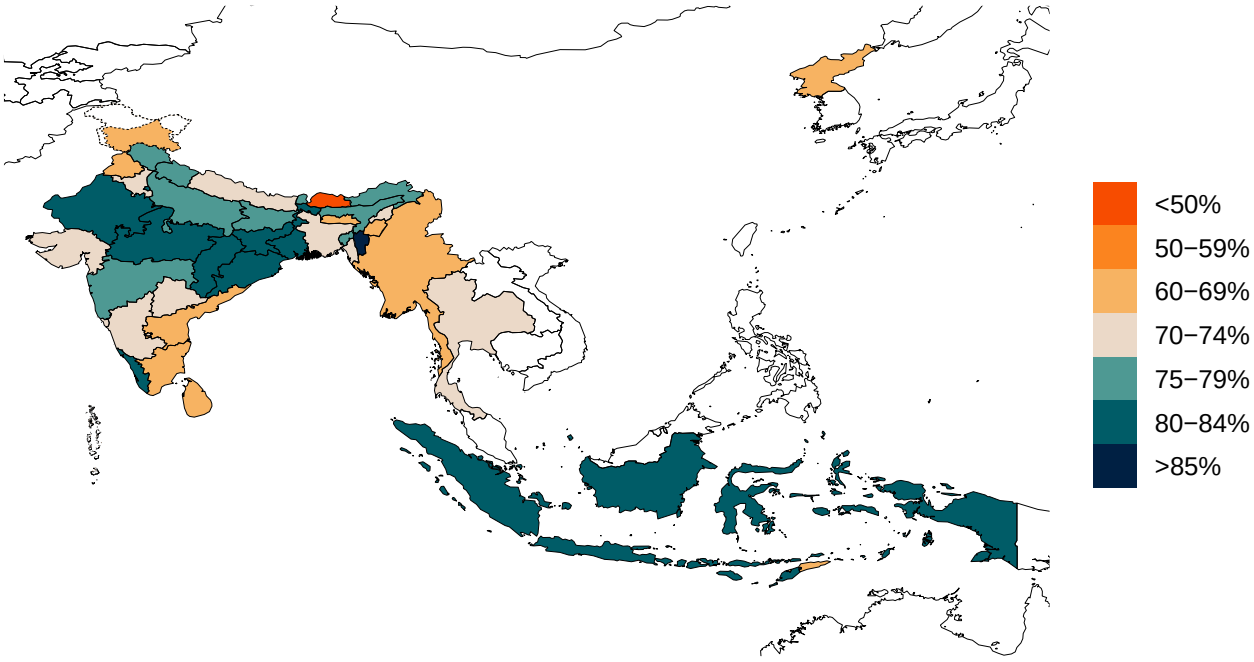
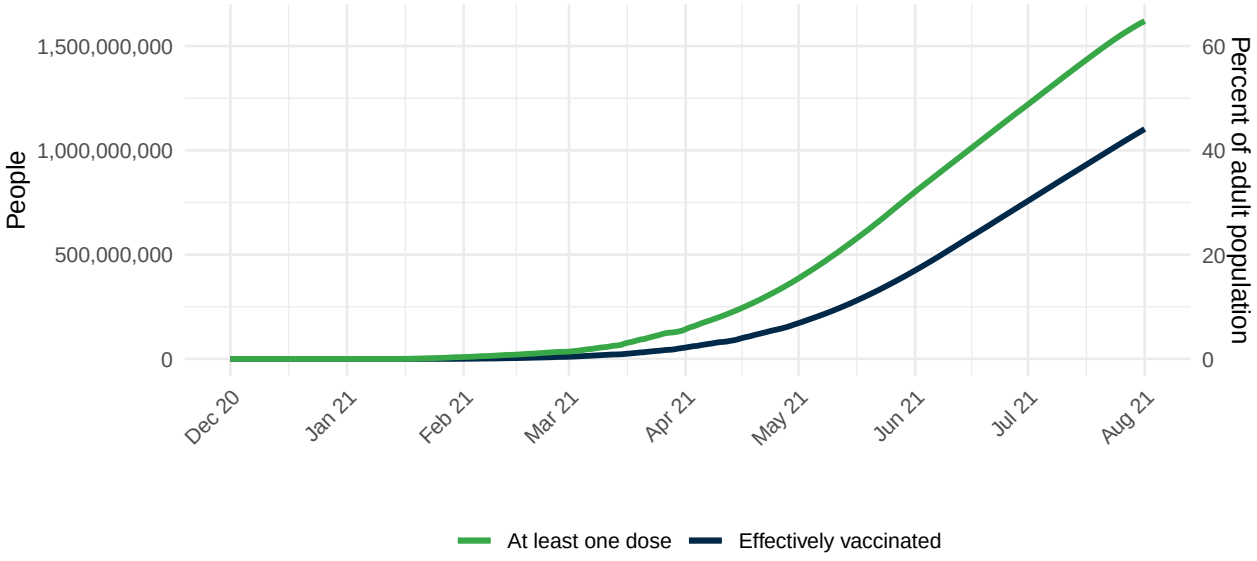


Figure 18. The number of people who receive any vaccine and those who are effectively vaccinated and protected against disease, accounting for efficacy, loss to follow up for two-dose vaccines, partial immunity after one dose, and immunity after two doses.



Projections and scenarios

We produce three scenarios when projecting COVID-19. The **reference scenario** is our forecast of what we think is most likely to happen:

- Vaccines are distributed at the expected pace.
- Governments adapt their response by re-imposing social distancing mandates for 6 weeks whenever daily deaths reach 8 per million, unless a location has already spent at least 7 of the last 14 days with daily deaths above this rate and not yet re-imposed social distancing mandates. In this case, the scenario assumes that mandates are re-imposed when daily deaths reach 15 per million.
- Variants B.1.1.7 (first identified in the UK), B.1.351 (first identified in South Africa), and P1 (first identified in Brazil) continue to spread from locations with (a) more than 5 sequenced variants, and (b) reports of community transmission, to adjacent locations following the speed of variant scale-up observed in the regions of the UK.
- In one-quarter of those vaccinated, mobility increases toward pre-COVID-19 levels.

The **worse scenario** modifies the reference scenario assumptions in three ways:

- First, it assumes that variants B.1.351 or P1 begin to spread within 3 weeks in adjacent locations that do not already have B.1.351 or P1 community transmission.
- Second, it assumes that all those vaccinated increase their mobility toward pre-COVID-19 levels.
- Third, it assumes that among those vaccinated, mask use starts to decline exponentially one month after completed vaccination.

The **universal masks scenario** makes all the same assumptions as the reference scenario but also assumes 95% of the population wear masks in public in every location.

Figure 19. Cumulative COVID-19 deaths until August 01, 2021 for three scenarios

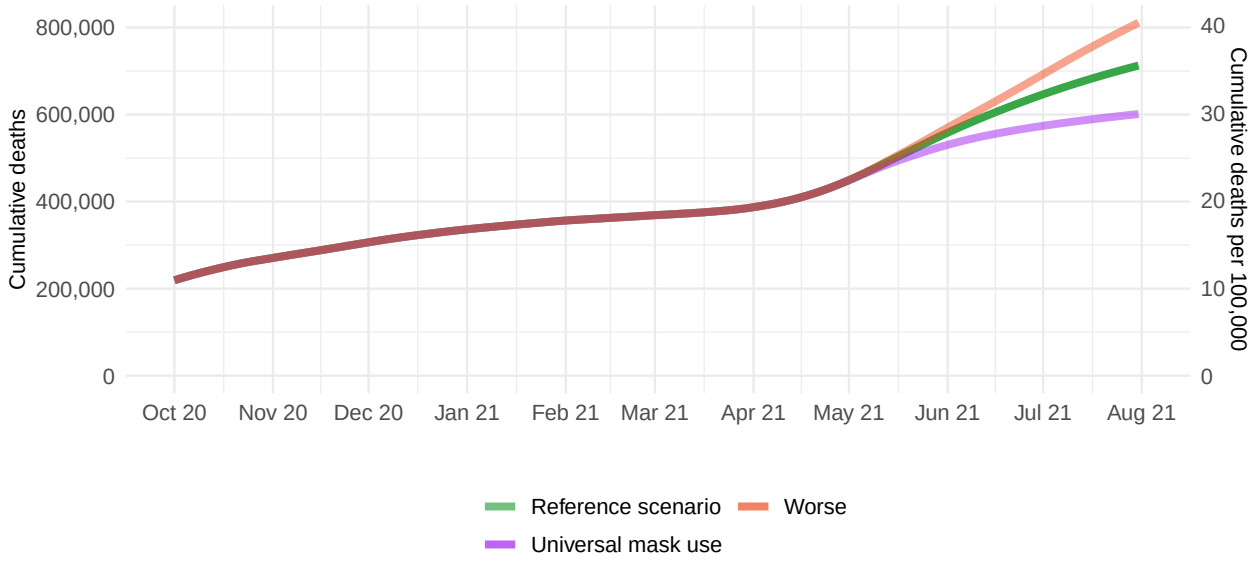


Figure 20. Daily COVID-19 deaths until August 01, 2021 for three scenarios,

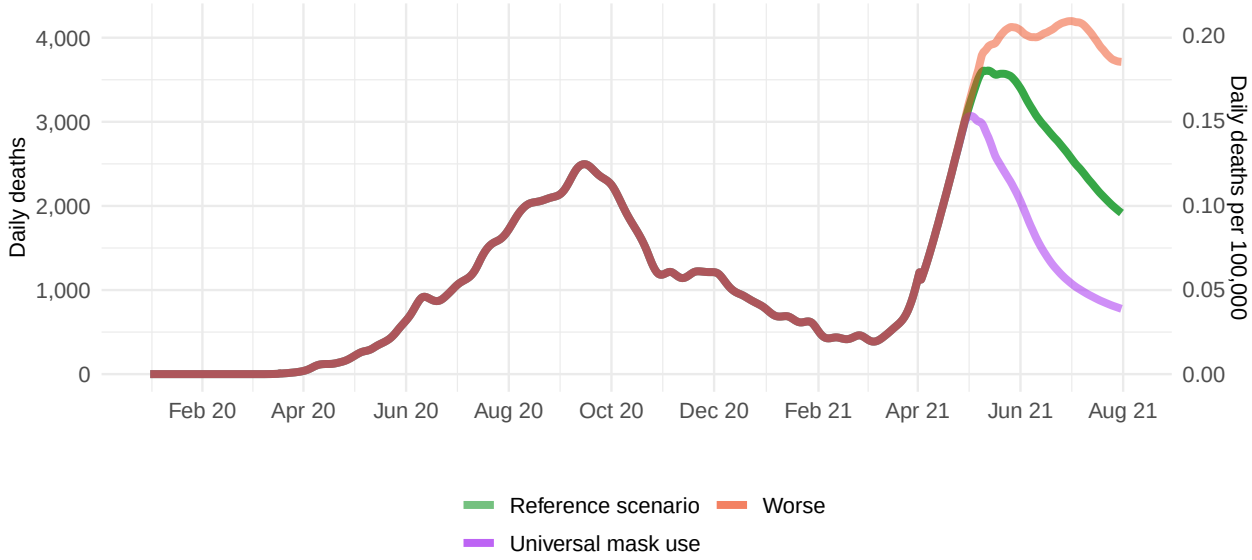


Figure 21. Daily COVID-19 infections until August 01, 2021 for three scenarios.

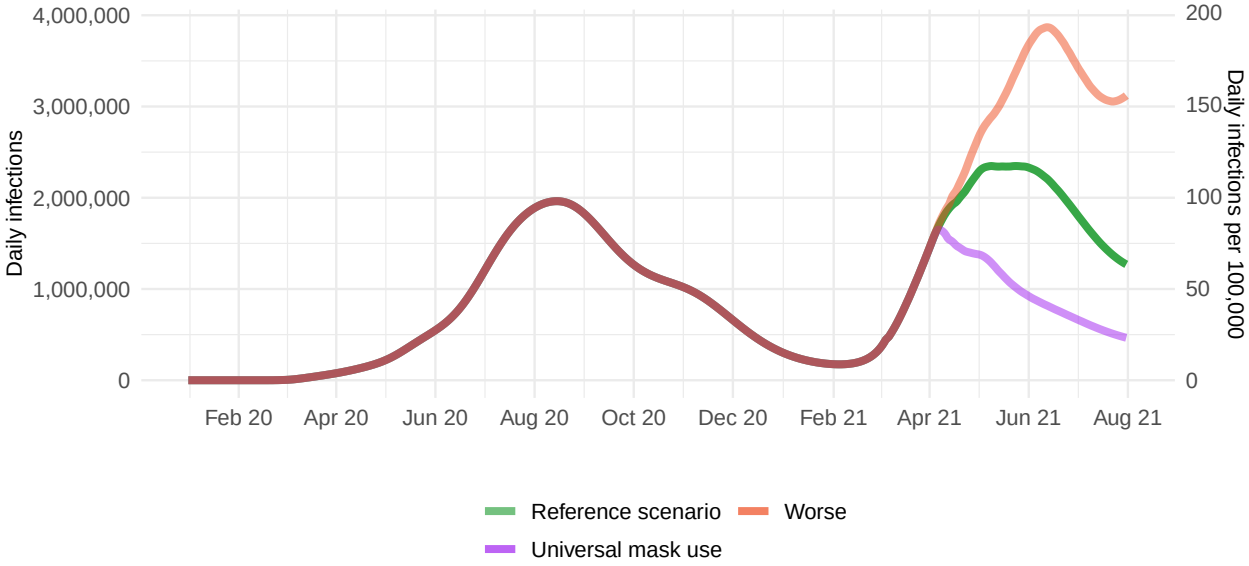


Figure 22. Comparison of reference model projections with other COVID modeling groups. For this comparison, we are including projections of daily COVID-19 deaths from other modeling groups when available: Delphi from the Massachussets Institute of Technology (Delphi; https://www.covidanalytics.io/home), Imperial College London (Imperial; https://www.covidsim.org), The Los Alamos National Laboratory (LANL; https://covid-19.bsvgateway.org/), and the SI-KJalpha model from the University of Southern California (SIKJalpha; https://github.com/scc-usc/ReCOVER-COVID-19). Daily deaths from other modeling groups are smoothed to remove inconsistencies with rounding. Regional values are aggregates from availble locations in that region.

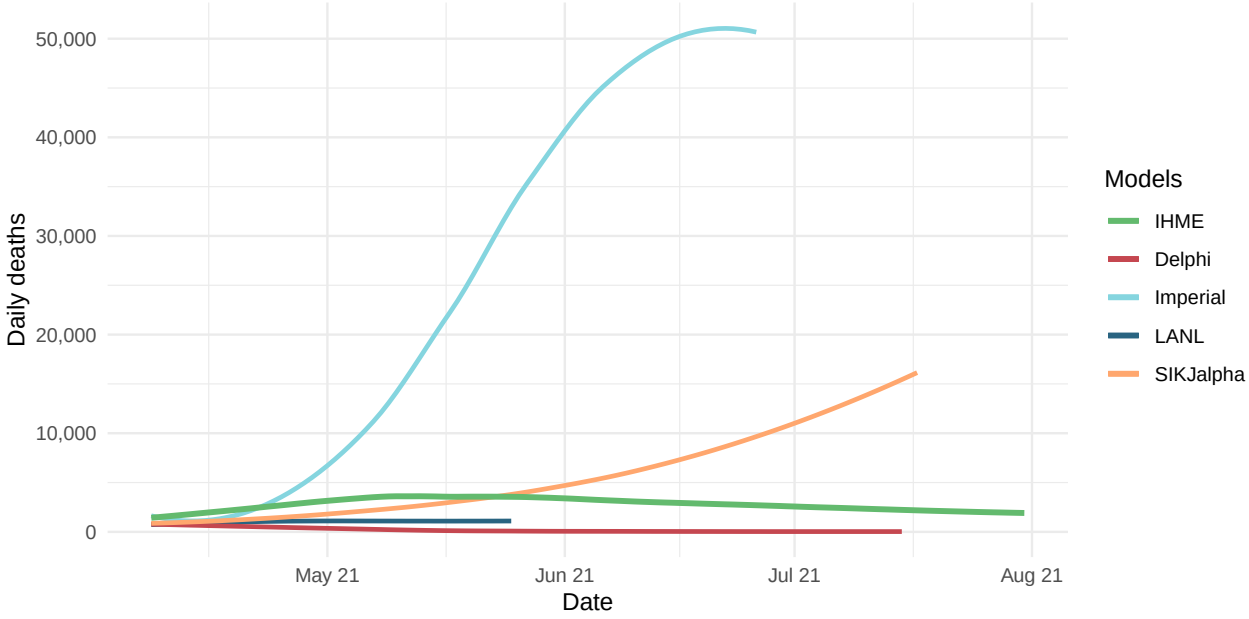


Figure 23. The estimated inpatient hospital usage is shown over time. The percent of hospital beds occupied by COVID-19 patients is color coded based on observed quantiles of the maximum proportion of beds occupied by COVID-19 patients. Less than 5% is considered *low stress*, 5-9% is considered *moderate stress*, 10-19% is considered *high stress*, and greater than 20% is considered *extreme stress*.

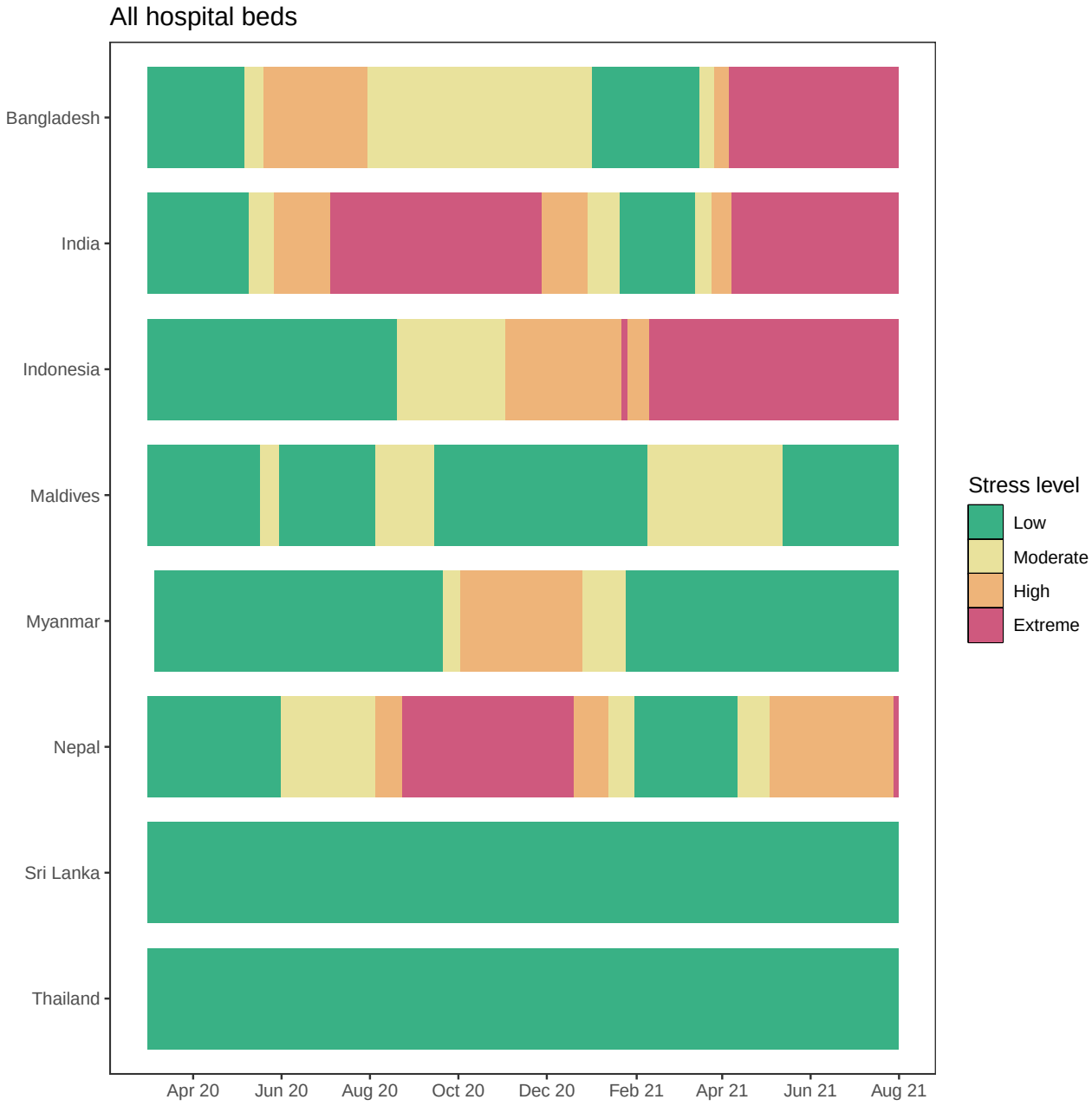
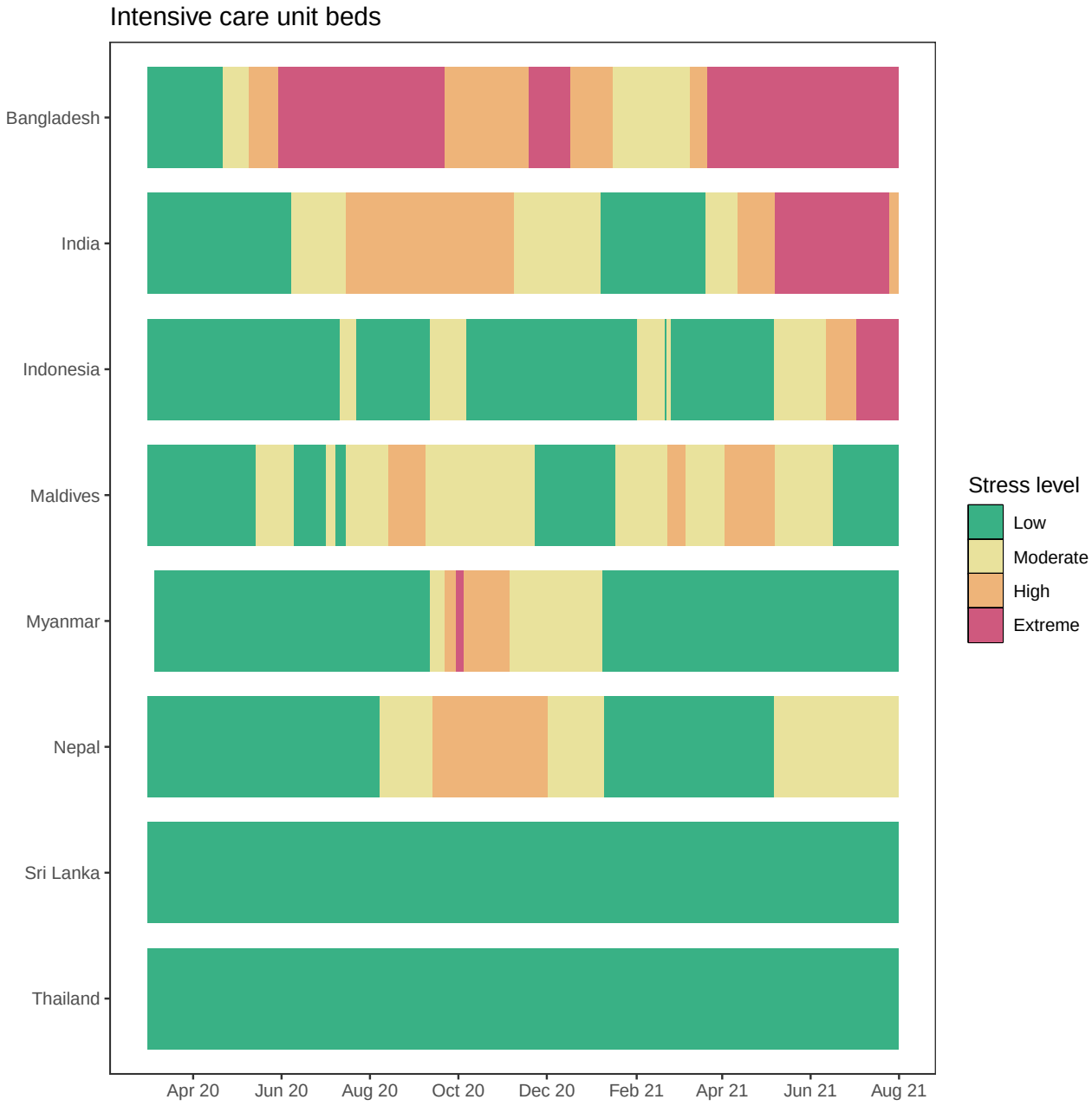


Figure 24. The estimated intensive care unit (ICU) usage is shown over time. The percent of ICU beds occupied by COVID-19 patients is color coded based on observed quantiles of the maximum proportion of ICU beds occupied by COVID-19 patients. Less than 10% is considered *low stress*, 10-29% is considered *moderate stress*, 30-59% is considered *high stress*, and greater than 60% is considered *extreme stress*.



More information

Data sources:

Mask use data sources include Premise; Facebook Global Symptom Survey (This research is based on survey results from University of Maryland Social Data Science Center) and the Facebook United States Symptom Survey (in collaboration with Carnegie Mellon University); Kaiser Family Foundation; YouGov COVID-19 Behaviour Tracker survey.

Vaccine hesitancy data are from the COVID-19 Beliefs, Behaviors, and Norms Study, a survey conducted on Facebook by the Massachusetts Institute of Technology (https://covidsurvey.mit.edu/).

Vaccine hesitancy data are from the Facebook Global Symptom Survey (This research is based on survey results from University of Maryland Social Data Science Center), the Facebook United States Symptom Survey (in collaboration with Carnegie Mellon University), and from the Facebook COVID-19 Beliefs, Behaviors, and Norms Study conducted by the Massachusetts Institute of Technology.

Genetic sequence and metadata are primarily from the GISAID Initiative. Further details available on the COVID-19 model FAQ page.

A note of thanks:

We wish to warmly acknowledge the support of these and others who have made our COVID-19 estimation efforts possible.

More information:

For all COVID-19 resources at IHME, visit http://www.healthdata.org/covid.

Questions? Requests? Feedback? Please contact us at https://www.healthdata.org/covid/contact-us.