COVID-19: What's New for April 5, 2020

Main updates on US COVID-19 predictions since April 2, 2020

More data, better models: the growing evidence base on COVID-19 is improving predictions

Having more timely, high-quality data is vital for all modeling endeavors, but its importance is dramatically higher when trying to quantify how a new disease could affect lives in the US and around the world.

Thanks to many individuals and organizations, over the past few days we have been able to incorporate a number of different data sources into IHME's COVID-19 model, including state-level data on hospital utilization.

Today's release of predicted COVID-19 deaths and hospital resource use includes substantial improvements. Key methodological and data updates are summarized below, as well as major results; more detailed information in the form of technical appendices will be <u>published online</u> by Tuesday, April 7.

Predicting COVID-19 deaths: what has changed and why

Compared with our release on April 2, today's predictions indicate the same peak date for daily COVID-19 deaths in the US – April 16 – but some states have seen shifts to earlier timing of COVID-19 peak deaths. At this peak date, the country's daily COVID-19 deaths are now estimated to reach 3,130 (estimate range of 1,282 to 7,703) (see below) – again, similar to our last release. Our updated national projections for cumulative COVID-19 deaths through the first wave are lower than our April 2 model, with an estimate of 81,766 total COVID-19 deaths (estimate range 49,431 to 136,401).

Prediction measure for COVID-19 deaths	Predictions from our April 5 release (today)	Predictions from our April 2 release	Change of average values since the April 2 release*
Peak date for daily deaths	April 16	April 16	0 days
Daily deaths at peak date	3,130 (1,282 to 7,703)	2,644 (1,216 to 4,136)	个 485 deaths
Cumulative deaths through first wave	81,766 (49,431 to 136,401)	93,531 (39,966 to 177,866)	↓ 11,765 deaths

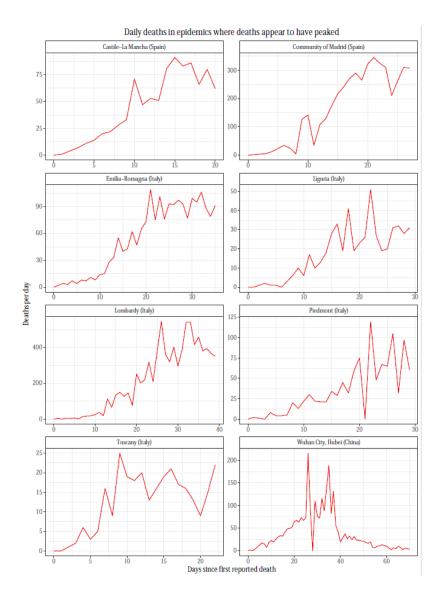
*Change estimates do not include uncertainty; they are only based on the average value. If prediction values' uncertainty intervals (the numbers reported in parentheses) overlap a lot across different releases, changes in these estimates are not considered substantively different.

Why did these changes occur? Even though at the national level the total number of deaths remains fairly unchanged, today's release introduces substantial changes for several states. We present the major sources for these changes here.

Since our last release, IHME has made four substantial updates to the COVID-19 death model; we summarize them here.

Model update 1: Epidemic peak and its relationship to social distancing policies.

- At the time of our first release on March 26, the only location where the number of daily deaths had already peaked was Wuhan City. These data from Wuhan formed the basis of our estimation of the time from implementation of social distancing policies to the peak day of deaths. Since then, an additional seven locations in Italy and Spain with large coronavirus epidemics appear to have reached the peak number of daily deaths (see below): two in Spain (Castile-La Mancha and Madrid), and then five in Italy (Emilia-Romagna, Liguria, Lombardy, Piedmont, and Tuscany).
- With today's update, we now estimate the time from implementation of social distancing
 policies to the peak of daily deaths using all eight locations where the number of daily deaths
 appears to be peaking or to have peaked. The time from implementation of social distancing to
 the peak of the epidemic in the Italy and Spain location is shorter than what was observed in
 Wuhan. As a result, in several states in the US, today's updates show an earlier predicted date of
 peak daily deaths, even though at the national level the change is not very pronounced.



Model update 2: Weighting of social distancing policies in the COVID-19 death model.

- Our previous models had a composite measure for estimating the effects of social distancing policies on the course of the epidemic. Until today's release, all types of mandate had been combined together by giving them equal weight. Of the four social distancing policies we currently track (i.e., school closures, stay-at-home orders, non-essential business closures, and travel limitations), no state had enacted a travel limitation mandate that met our criteria until quite recently (i.e., Alaska, implemented March 28 and incorporated into our April 2 release). Subsequently, we continue to primarily focus on the three measures school closures, stay-at-home orders, and non-essential business closures more widely implemented by US states to date. If or as more states mandate severe travel limitations, we will revisit its inclusion into our updated weighting approach.
- Starting with today's release, we use three different weighting schemes to better approximate variation in potential policy impact across social distancing mandates. Our statistical tests suggest that early actions such as school closures may have a larger effect in some communities

than expected; in other locations, fully mandated stay-at-home orders may be required for detectable impact. To better capture this community-by-community difference of mandates on social distancing behaviors, we now use an ensemble model of three different weighting schemes. More details will be included in the technical paper that will be released by Tuesday, April 7, and will be <u>published here</u>.

Model update 3: Uncertainty estimation and out-of-sample predictive validity.

- As of today's release, we have changed the way we estimate uncertainty in our COVID-19 predictions. We now run our models holding out data for each location and evaluate how the model performs in predicting number of deaths at various points in the future. We then incorporate this information into our estimates of uncertainty for future-date predictions. This method of evaluating uncertainty is more rigorous and reflects model performance.
- More specifically, we evaluate model performance both in terms of how many days into the future we estimate and how many data points have been reported for each state. As expected, projection accuracy improves when there are more data on the number of daily deaths in each state and gets worse the farther into the future projections are made. Model projection accuracy is now included in our prediction uncertainty estimates.

Model update 4: Incorporating adaptive priors for states with low cumulative COVID-19 deaths.

- As mentioned in <u>our April 1 estimation update</u>, model performance can be less consistent from day to day for states with very few total data points or few cumulative COVID-19 deaths.
- Our out-of-sample predictive validity tests have now identified that this is particularly pronounced for states that have fewer than five data points.
- In an effort to better capture these locations' trends amid limited model inputs, we now use adaptive priors in the statistical model estimation. We wish to highlight that we are no longer using the model specification where the social distancing measure was a covariate on the final death rate (i.e., *p*-model; see <u>original manuscript's methods section for details</u>) due to its poor performance in out-of-sample predictive tests.
- The use of adaptive priors and dropping the p-model have led to improvements in model performance and stability in settings with limited data. However, it is important to note that for these states, especially during the first few days of including their new data, our predictions are likely to vary considerably from release to release.

Predicting hospital resource use: what has changed and why

As informed by our updated death models, predictions from today's release show lower overall hospital resource needs in the US for the three indicators we measure (see table below).

While the predicted peak date of overall hospital use has remained the same – April 15 – at the national level, we now project that a total of 140,823 hospital beds (estimate range of 73,390 to 284,569) could be needed on that day. In contrast, our April 2 release projected 262,092 total hospital beds (estimate range of 123,885 to 417,672) could be needed to support COVID-19 patients. Today's update also suggests lower levels of predicted need for ICU beds and invasive ventilators than previous model

estimates; however, their prediction differences are far less pronounced than what we now see for total hospital beds.

Hospital use prediction measure	Predictions from our April 5 release (today)	Predictions from our April 2 release	Change of average values since the April 2 release*
Peak date for hospital resource use	April 15	April 15	0 days
Total hospital beds need at peak	140,823 (73,390 to 284,549)	262,092 (123,885 to 417,672)	↓ 121,269
ICU beds need at peak	29,210 (16,149 to 55,869)	39,727 (16,258 to 67,670)	↓ 10,517
Invasive ventilator need at peak	18,992 (10,533 to 36,318)	31,782 (13,016 to 54,113)	↓ 12,791

*Change estimates do not include uncertainty; they are only based on the average value. If prediction values' uncertainty intervals (the numbers reported in parentheses) overlap a lot across different releases, changes in these estimates are not considered substantively different.

Why did these changes occur?

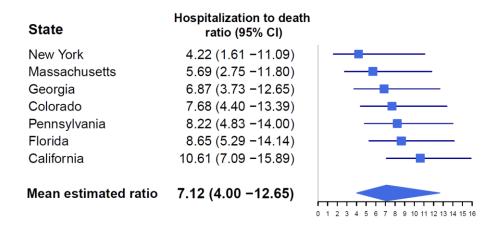
These changes in predicted hospital resource use and related gaps in states where demand might exceed supply are fairly large. In this section, we explore the changes in our analytical framework that resulted in these revised estimates of overall lower hospital resource use due to COVID-19.

First, we have been able to include more up-to-date data for estimating ratios of hospital admission to deaths. These ratios inform model parameters that are used to predict need for hospital beds, ICU beds, and ventilators. In previous releases of our estimates, our ratios were informed by a <u>CDC report</u> with information on early COVID-19 cases in the US – from February 12 to March 16 – and those patients' outcomes. Based on these data (509 admissions divided by 46 deaths), our overall ratio was 11.1 hospital admissions per COVID-19 death.

Over the last few days, we have been able to incorporate data sources, including data provided by state governments, on a substantially larger sample: 16,352 hospital admissions and 2,908 deaths related to COVID-19. This allowed us to estimate state-specific ratios where data were available on at least 50 deaths from COVID-19, using random-effects meta-analysis.

Our estimates released today use the state-specific ratios noted below and for those states without data, the pooled ratio of 7.1 hospitalizations per death (95% CI 4.0 to 12.7). These lower ratios of admissions to deaths result in predicted peak hospital resource use – total beds, ICU beds, and invasive ventilators – that is lower than previously estimated.

Random effects meta-analysis of the ratio of hospital admissions to deaths by state, for states with reported data on 50 or more COVID-19 deaths

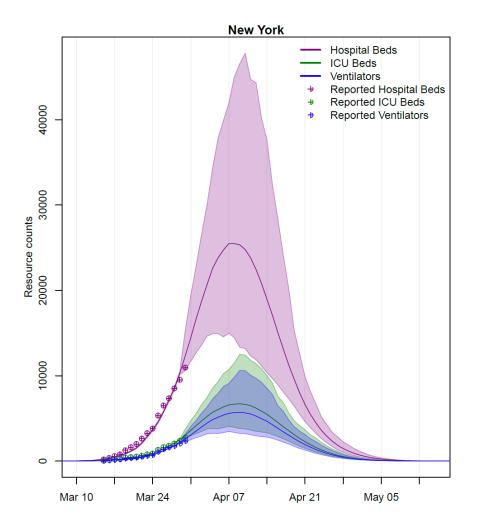


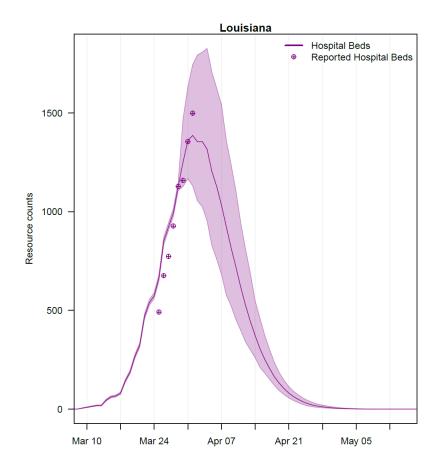
Based on new data, we also re-estimated the length of stay in hospital for COVID-19 patients. The latest data show that, among hospitalized COVID-19 patients who are discharged alive, patients who require ICU support have longer hospital stays than previously predicted, and patients who do not require ICU support have shorter hospital stays. The table below compares key parameters in the hospital model from the previous releases and today's release. The long hospital stays for patients requiring an ICU stay mean that the reduction in ICU beds and ventilator use due to the lower admission-to-death ratios is less than for total beds.

Hospital length-of-stay parameter	For our April 5 release (today)	First release (March 26) to April 2 release	Change in parameter values since the April 2 release
Time from hospital admission to death (among COVID-19 patients who did not survive)	6 days	8 days for patients ≥ 70 years 10 days for patients < 70 years	↓ 2 to 4 days
Time from hospital admission to discharge, with ICU stay	20 days	8 days	↑ 12 days
ICU length of stay	13 days	8 days	个 5 days
Time from hospital admission to discharge, without ICU stay	8 days	15 days*	↓ 7 days

*Based on a 12-day length of stay for all COVID-19 patients admitted and discharged alive.

As shown below for New York (first graph) and Louisiana (second graph), our estimates for daily total hospital bed use (purple), ICU use (green), and ventilator use (blue) are consistent with the reported occupancy data (circles in corresponding colors). As more data become available, we will update the model parameters to ensure that they reflect what is being experienced in hospitals around the country.





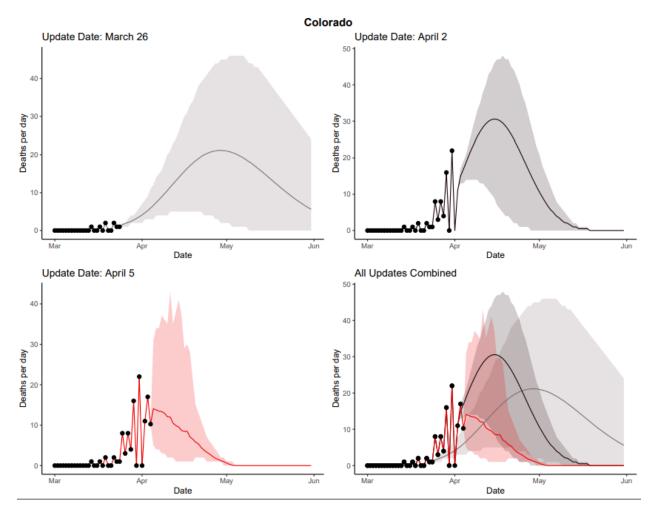
Key findings from today's release: a focus on state-level predictions of peak daily COVID-19 deaths

While our data and model updates did not have substantial effects on national-level predictions for peak COVID-19 daily deaths, some states saw considerable changes from past models to today's release. Here we explore three states' COVID-19 epidemic trajectories over three iterations of our model; all state-level comparisons across these model releases can be viewed here.

These graphs allow users to illustrate the model updates in the IHME COVID-19 projections over three releases: our first release (March 26), our most recent release prior to today (April 2), and today's release (April 5). For each release of predictions, black dots show the data as they are reported as of the model run and then model uncertainty intervals.

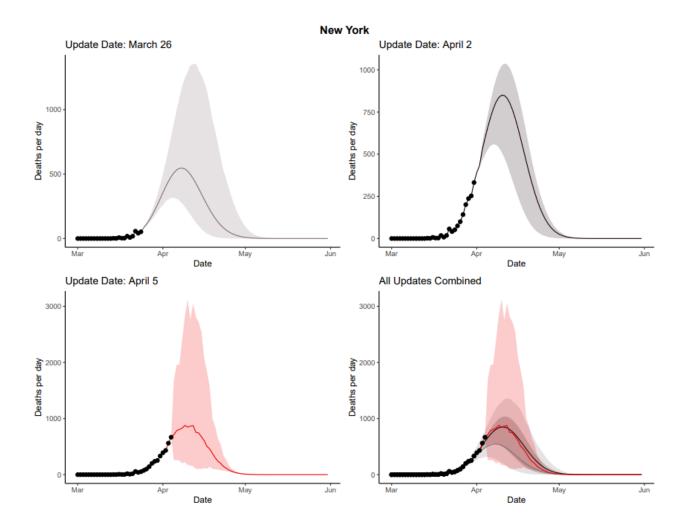
Colorado

In Colorado, fairly substantial changes have occurred in our estimates for the trajectory of COVID-19 daily deaths over these three iterations of our model. Even though projected estimates all lie within the uncertainty intervals of each other, the predicted peak day for daily deaths has shifted considerably over model iterations, as have predicted peak daily deaths. As discussed above under the COVID-19 death model updates, these changes are driven by a combination of increased availability of reported death data and improvements to our modeling approaches since our first release on March 26.



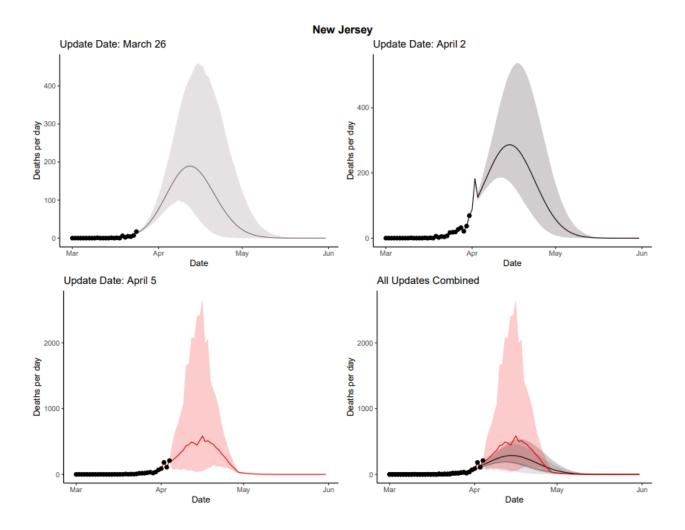
New York

Unlike Colorado, New York's predictions have been far less variable over our model iterations. This is due to New York's reporting of COVID-19 deaths for a longer period of time, at least relative to other states, as well as having a much higher death toll. Our projections for New York have been fairly stable over our past releases and track the reported death numbers closely, highlighting our model's good performance in settings with large epidemics and frequent data reporting.



New Jersey

Similar to Colorado, New Jersey's projections have experienced more fluctuations over our model iterations. Today's release shows a higher projected number of daily COVID-19 deaths, while the predicted peak date has not varied much over iterations of the model. The reason for the increased peak daily deaths projections is increasingly more deaths being reported in New Jersey over the last few days; by comparison, earlier releases of our projections included very few death counts.



As more data are reported, we will update our estimates and revise our projections to reflect the most recently available data.

A note of thanks

None of these estimation efforts is possible without the tireless data collection and collation efforts of individuals throughout the US and world. Your work in hospitals, health care organizations, local health departments, and state and national public health agencies, among others, is invaluable. We thank you for your dedication to fighting the coronavirus pandemic and we appreciate your willingness to share data and collaborate with the IHME COVID-19 team.

For all COVID-19 resources at IHME, visit <u>http://www.healthdata.org/covid.</u> Questions? Requests? Feedback? Please contact <u>covid19@healthdata.org.</u> -----

[Download summary of COVID-19 death estimates and projections for the US and each state as of our April 5, 2020, release]