Health systems must adapt to rapid shift in disease burden

In 1990, non-communicable diseases (NCDs) contributed less than half of overall global health loss.

But since 1990, the health loss has shifted towards a growing burden from NCDs and away from communicable, maternal, neonatal, and nutritional (CMNN) diseases.

The rate of decrease in CMNN burden has accelerated…

...while the rate of increase in NCD burden has accelerated.

Many health systems are not prepared for the rapid transition from disease burden dominated by CMNN causes to NCDs. They must adapt.