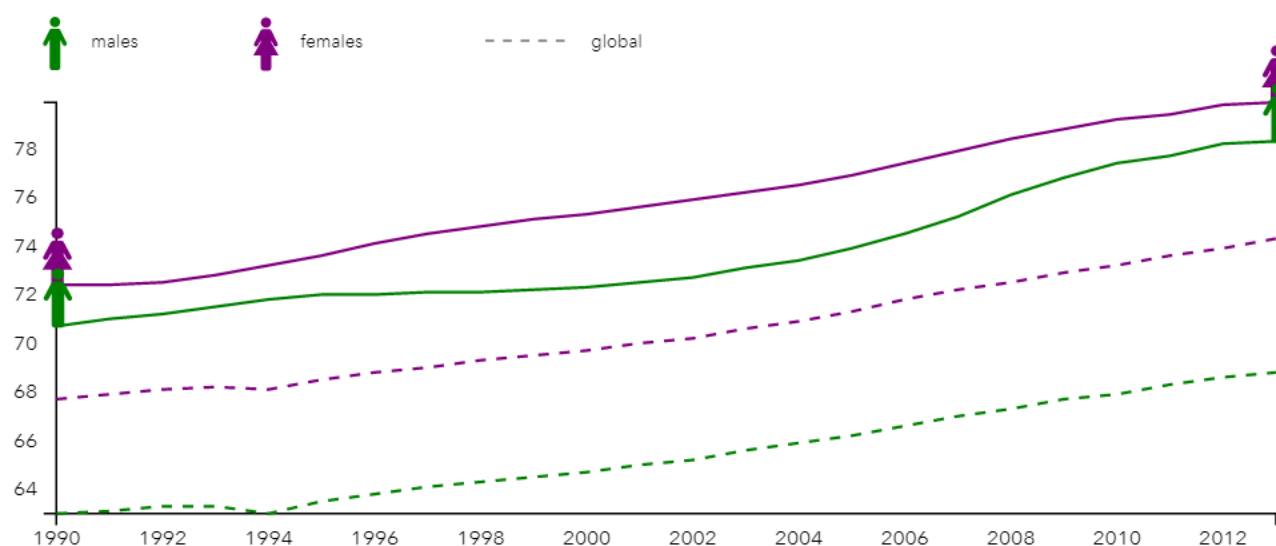


# Bahrain

This profile provides an overview of findings from the [Global Burden of Disease \(GBD\)](#). The information generated here is based on more than 50,000 different data sources which researchers have used to produce the most scientifically rigorous estimates possible. Estimates from the GBD study may differ from national statistics due to differences in data sources and methodology. These profiles are meant to be freely downloaded and distributed. Please send feedback and questions to [engage@healthdata.org](mailto:engage@healthdata.org).

- In 2013, life expectancy at birth in Bahrain was 78.3 years for males and 79.9 years for females.
- Among the leading causes of disability-adjusted life years (DALYs) in 1990, neonatal preterm birth showed the largest decrease, falling 80.8% by 2013.
- In terms of the number of years of life lost (YLLs) due to premature death in Bahrain, ischemic heart disease, road injuries, and diabetes were the highest ranking causes in 2013.
- In terms of DALYs in Bahrain, high body-mass index, dietary risks, and high fasting plasma glucose were the leading risk factors in 2013.
- The greatest reduction in all-cause mortality rate was experienced by males aged 0-6 days (74.0%).

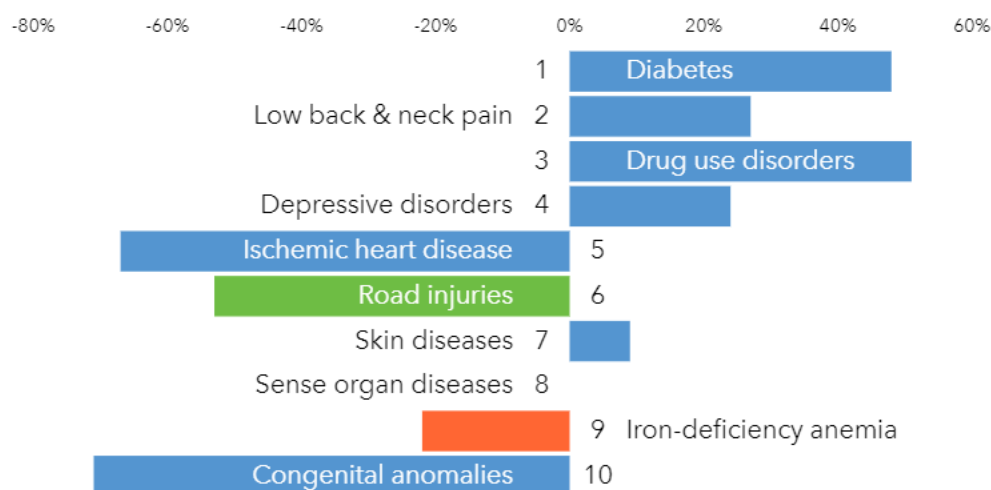
## Life expectancy globally and in Bahrain, 1990-2013



	Global		Bahrain	
	1990	2013	1990	2013
males	63.0	68.8	70.7	78.3
females	67.7	74.3	72.4	79.9

# Leading causes of DALYs in 2013 and percent change, 1990-2013

- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



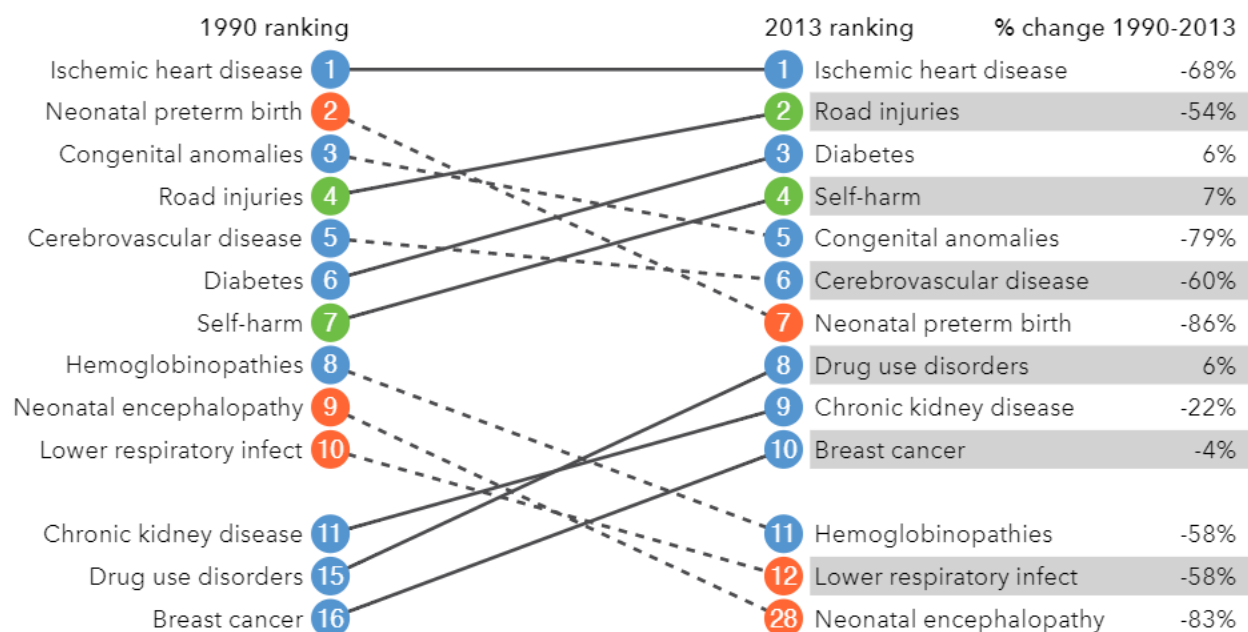
**DALYs** are the sum of years of healthy life lost to premature death and years lived with disability.

Rankings are based on DALYs per 100,000, all ages, not age-standardized.

Pointed arrows indicate causes that have increased or decreased by a greater amount than shown on the x-axis.

# Leading causes of YLLs to premature death, 1990 and 2013, and percent change, 1990-2013

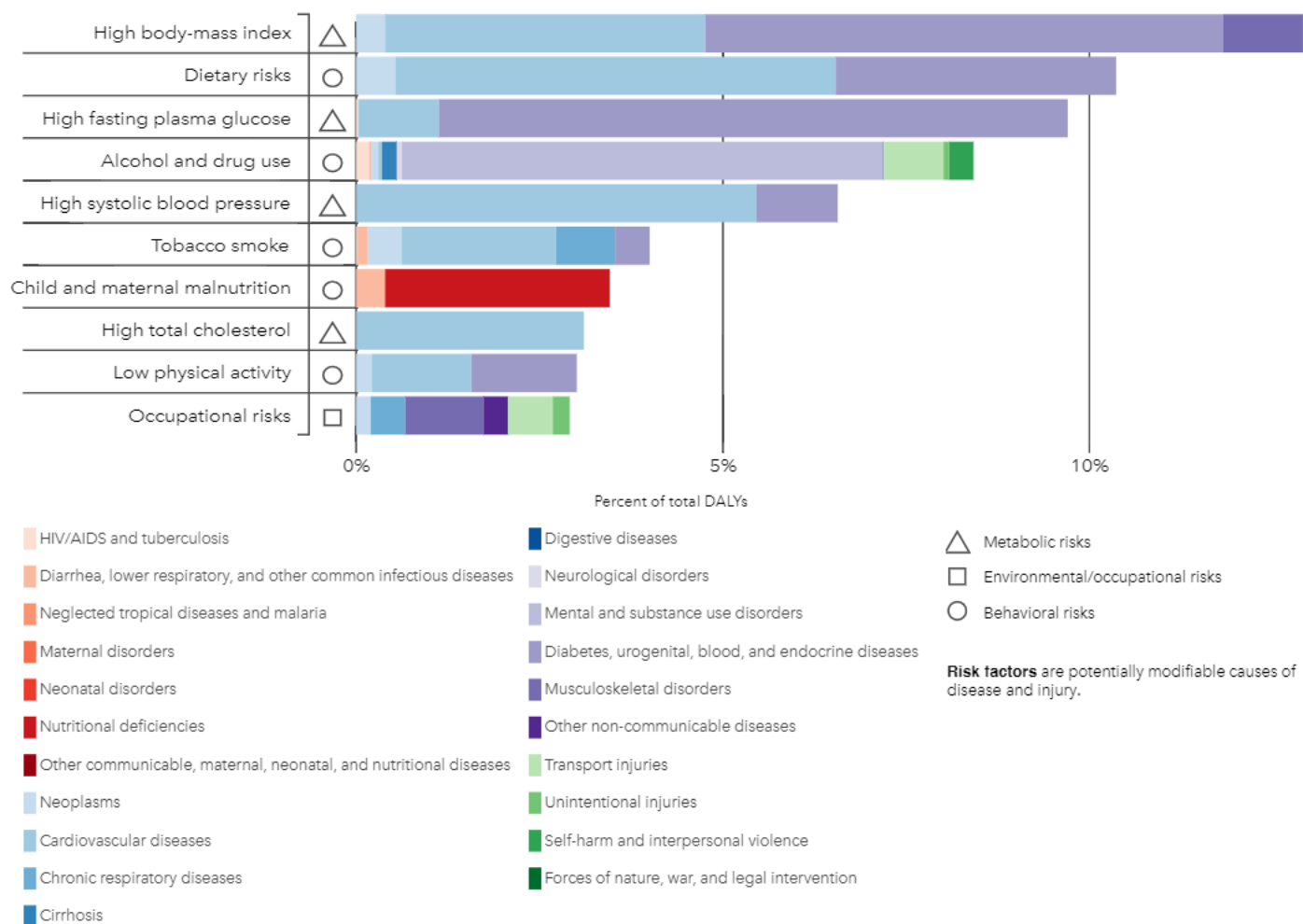
- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



**YLLs** are years of life lost due to premature mortality.

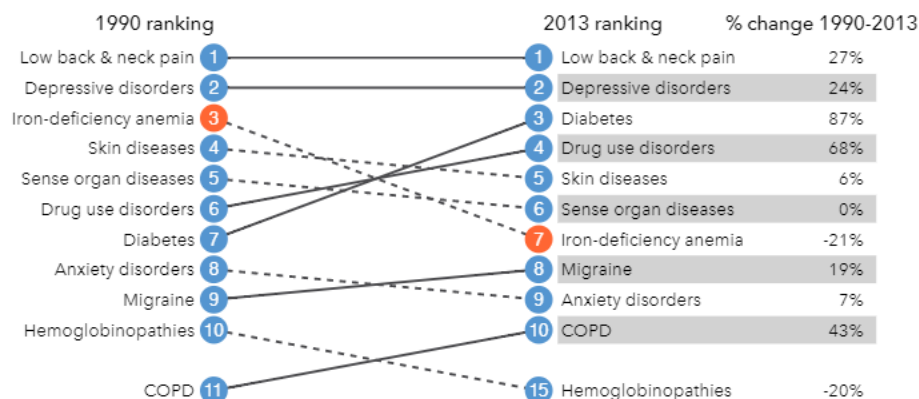
Rankings are based on YLLs per 100,000, all ages, not age-standardized.

# Burden of disease attributable to leading risk factors, 2013



## Leading causes of YLDs, 1990 and 2013, and percent change, 1990-2013

- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



**YLDs** are years lived in less than ideal health. This includes conditions that may last for only a few days, as well as conditions that can last a lifetime.

Rankings are based on YLDs per 100,000, all ages, not age-standardized.

# Rates of premature death in Bahrain versus comparison locations, 2013

This table shows the top 10 causes of premature mortality in Bahrain. It can be used to compare YLLs across locations relative to the group average. Comparison groups were chosen based on the GBD regional classifications, known trade partnerships, and income classifications.

	Ischemic heart disease	Diabetes	Cerebrovascular disease	Road injuries	Chronic kidney disease	Congenital anomalies	COPD	Self-harm	Lower respiratory infect	Neonatal preterm birth
Bahrain	1,585.1	1,174.5	767.8	557.4	430.3	410.1	370.0	368.5	339.1	327.8
Comparison group average	3,009.2	680.6	1,619.4	861.7	493.8	858.4	529.6	150.0	613.7	669.7
Algeria	2,016.6	846.0	1,768.0	1,015.3	532.0	845.8	308.6	80.3	543.6	1,124.0
Egypt	3,165.9	781.2	3,140.0	547.5	774.3	1,169.0	1,319.1	96.4	1,053.6	491.2
Iran	2,751.0	264.8	902.1	735.1	185.1	889.7	325.6	197.5	385.7	902.7
Iraq	4,154.7	1,080.1	2,496.4	618.7	1,107.7	1,057.5	932.1	203.8	817.6	1,141.3
Jordan	1,906.5	717.5	1,175.7	428.9	569.0	996.0	301.1	92.2	547.9	615.1
Kuwait	2,256.3	366.9	851.3	710.3	347.8	683.6	219.0	74.5	458.2	323.3
Lebanon	3,031.2	396.2	694.4	381.1	316.0	839.3	345.1	113.7	230.8	498.4
Libya	3,384.2	634.1	1,853.1	814.7	536.5	913.1	538.7	152.6	474.3	507.8
Morocco	1,899.4	1,419.9	1,234.0	681.9	523.2	587.0	325.9	330.0	761.2	1,143.9
Oman	2,941.1	1,364.9	1,336.9	2,088.3	424.0	461.3	347.1	124.8	876.2	232.8
Palestine	4,271.0	557.9	1,947.5	503.6	932.6	1,448.3	571.6	114.2	751.5	406.9
Qatar	1,228.6	873.9	480.8	962.6	265.2	667.5	123.8	201.2	177.5	469.5
Saudi Arabia	2,282.9	307.0	1,286.9	1,547.2	761.3	721.4	258.8	134.4	538.2	545.0
Syria	4,775.6	196.8	2,354.8	591.2	8.5	495.1	576.2	13.3	378.9	245.2
Tunisia	3,132.7	408.9	1,286.6	1,010.7	353.0	831.9	465.8	117.3	440.6	598.8
Turkey	2,280.8	535.7	1,143.2	569.1	304.6	935.1	863.7	243.6	388.8	612.3
United Arab Emirates	3,327.9	674.4	1,528.5	1,100.0	397.9	536.9	615.5	176.7	456.5	195.5
Yemen	5,358.8	823.9	3,669.2	1,203.8	549.3	1,372.7	1,095.2	233.4	1,765.7	2,000.9

■ Significantly lower than mean

■ Statistically Indistinguishable from mean

■ Significantly higher than mean

YLLs are per 100,000, all ages, age-standardized.

