US COUNTY PERFORMANCE
The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Reagan County</th>
<th>Texas</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>78.5</td>
<td>80.8</td>
<td>81.5</td>
<td>2449</td>
<td>+0.8</td>
</tr>
<tr>
<td>Male</td>
<td>75.1</td>
<td>76.2</td>
<td>76.7</td>
<td>1813</td>
<td>+6.3</td>
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</tbody>
</table>

Fig. 1: Female life expectancy, 2014
Fig. 2: Male life expectancy, 2014

FINDINGS: ALL-CAUSE MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
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<th>National</th>
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<th>% change 1980-2014</th>
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<tbody>
<tr>
<td>Female</td>
<td>849.3</td>
<td>694.2</td>
<td>667.8</td>
<td>2531</td>
<td>+3.7</td>
</tr>
<tr>
<td>Male</td>
<td>1055.0</td>
<td>954.8</td>
<td>930.1</td>
<td>1853</td>
<td>-23.6</td>
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</tbody>
</table>

Fig. 3: Female all-cause mortality, 2014
Fig. 4: Male all-cause mortality, 2014
### FINDINGS: ISCHEMIC HEART DISEASE

<table>
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<tr>
<th>Sex</th>
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<th>% change 1980-2014</th>
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</thead>
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<tr>
<td>Female</td>
<td>185.7</td>
<td>127.2</td>
<td>124.9</td>
<td>2747</td>
<td>-16.6</td>
</tr>
<tr>
<td>Male</td>
<td>246.8</td>
<td>197.7</td>
<td>191.5</td>
<td>2354</td>
<td>-39.9</td>
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rate per 100,000 population, age-standardized, 2014

![Fig. 5: Female ischemic heart disease, 2014](image1)
![Fig. 6: Male ischemic heart disease, 2014](image2)

### FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

<table>
<thead>
<tr>
<th>Sex</th>
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<th>% change 1980-2014</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>93.8</td>
<td>52.0</td>
<td>47.4</td>
<td>3132</td>
<td>-19.4</td>
</tr>
<tr>
<td>Male</td>
<td>82.9</td>
<td>54.0</td>
<td>48.8</td>
<td>3078</td>
<td>-34.1</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

![Fig. 7: Female cerebrovascular disease (stroke), 2014](image3)
![Fig. 8: Male cerebrovascular disease (stroke), 2014](image4)
## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

<table>
<thead>
<tr>
<th>Sex</th>
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<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
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</thead>
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<tr>
<td>Female</td>
<td>43.1</td>
<td>38.4</td>
<td>43.8</td>
<td>1107</td>
<td>+17.6</td>
</tr>
<tr>
<td>Male</td>
<td>55.9</td>
<td>62.9</td>
<td>67.6</td>
<td>534</td>
<td>-42.9</td>
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rate per 100,000 population, age-standardized, 2014

![Tracheal, bronchus, and lung cancer](image)

## FINDINGS: BREAST CANCER

<table>
<thead>
<tr>
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<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>24.1</td>
<td>25.6</td>
<td>25.9</td>
<td>929</td>
<td>-18.3</td>
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<tr>
<td>Male</td>
<td>0.2</td>
<td>0.3</td>
<td>0.3</td>
<td>118</td>
<td>-21.1</td>
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rate per 100,000 population, age-standardized, 2014

![Breast cancer](image)
FINDINGS: MALIGNANT SKIN MELANOMA

<table>
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<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>1.9</td>
<td>1.6</td>
<td>1.9</td>
<td>933</td>
<td>-13.1</td>
</tr>
<tr>
<td>Male</td>
<td>3.2</td>
<td>4.0</td>
<td>4.5</td>
<td>160</td>
<td>-9.1</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

<table>
<thead>
<tr>
<th></th>
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<th>% change 1980-2014</th>
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<tbody>
<tr>
<td>Female</td>
<td>75.7</td>
<td>55.9</td>
<td>49.6</td>
<td>2739</td>
<td>+61.6</td>
</tr>
<tr>
<td>Male</td>
<td>62.2</td>
<td>66.9</td>
<td>63.8</td>
<td>1159</td>
<td>+52.2</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014
FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
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<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>5.2</td>
<td>8.4</td>
<td>9.0</td>
<td>70</td>
<td>-36.0</td>
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<tr>
<td>Male</td>
<td>28.6</td>
<td>28.8</td>
<td>30.9</td>
<td>1038</td>
<td>-31.9</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
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<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>16.0</td>
<td>9.5</td>
<td>8.1</td>
<td>2116</td>
<td>-20.6</td>
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<tr>
<td>Male</td>
<td>42.2</td>
<td>24.3</td>
<td>19.8</td>
<td>2484</td>
<td>-29.7</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

Fig. 20: Male transport injuries mortality, 2014
FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
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<th>National</th>
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<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>6.6</td>
<td>6.4</td>
<td>8.2</td>
<td>1150</td>
<td>+423.5</td>
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<tr>
<td>Male</td>
<td>17.0</td>
<td>13.9</td>
<td>18.7</td>
<td>1816</td>
<td>+229.1</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
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<th>National rank</th>
<th>% change 1980-2014</th>
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<tr>
<td>Female</td>
<td>16.1</td>
<td>14.5</td>
<td>11.8</td>
<td>2579</td>
<td>+65.3</td>
</tr>
<tr>
<td>Male</td>
<td>29.8</td>
<td>27.7</td>
<td>22.2</td>
<td>2569</td>
<td>+61.6</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014
FINDINGS: HEAVY DRINKING

<table>
<thead>
<tr>
<th>Sex</th>
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<th>% change 2005-2012</th>
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<tr>
<td>Female</td>
<td>3.2</td>
<td>5.3</td>
<td>6.7</td>
<td>602</td>
<td>+37.9</td>
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<td>Male</td>
<td>10.8</td>
<td>9.5</td>
<td>9.9</td>
<td>1791</td>
<td>+21.3</td>
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prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

Fig. 26: Male heavy drinking, 2012

FINDINGS: BINGE DRINKING

<table>
<thead>
<tr>
<th>Sex</th>
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<th>% change 2002-2012</th>
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<tr>
<td>Female</td>
<td>8.4</td>
<td>10.8</td>
<td>12.4</td>
<td>932</td>
<td>+15.4</td>
</tr>
<tr>
<td>Male</td>
<td>29.5</td>
<td>24.5</td>
<td>24.5</td>
<td>2442</td>
<td>+24.9</td>
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prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

Fig. 28: Male binge drinking, 2012
FINDINGS: SMOKING

<table>
<thead>
<tr>
<th>Sex</th>
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<td>Female</td>
<td>18.4</td>
<td>15.1</td>
<td>17.9</td>
<td>621</td>
<td>-14.8</td>
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<tr>
<td>Male</td>
<td>24.1</td>
<td>22.1</td>
<td>22.2</td>
<td>1176</td>
<td>-23.3</td>
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prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

Fig. 30: Male smoking, 2012

FINDINGS: OBESITY

<table>
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<tr>
<th>Sex</th>
<th>Reagan County</th>
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<th>% change 2001-2011</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>42.3</td>
<td>38.9</td>
<td>36.1</td>
<td>2424</td>
<td>+23.9</td>
</tr>
<tr>
<td>Male</td>
<td>41.2</td>
<td>36.0</td>
<td>33.8</td>
<td>2847</td>
<td>+36.3</td>
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prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

Fig. 32: Male obesity, 2011
### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Reagan County</th>
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<th>% change 2001-2011</th>
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</thead>
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<tr>
<td>Female</td>
<td>42.5</td>
<td>49.5</td>
<td>52.6</td>
<td>2613</td>
<td>+14.5</td>
</tr>
<tr>
<td>Male</td>
<td>44.7</td>
<td>54.1</td>
<td>56.3</td>
<td>2856</td>
<td>-8.5</td>
</tr>
</tbody>
</table>

Prevalence (%), age-standardized, 2011

![Fig. 33: Female recommended physical activity, 2011](image1)

![Fig. 34: Male recommended physical activity, 2011](image2)

### CITATION:
Institute for Health Metrics and Evaluation (IHME),
US County Profile: Reagan County, Texas.