COUNTY PROFILE: Twin Falls County, Idaho

US COUNTY PERFORMANCE
The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>80.3</td>
<td>81.4</td>
<td>81.5</td>
<td>1590</td>
<td>+1.6</td>
</tr>
<tr>
<td>Male</td>
<td>75.8</td>
<td>77.6</td>
<td>76.7</td>
<td>1497</td>
<td>+5.3</td>
</tr>
</tbody>
</table>

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

Fig. 2: Male life expectancy, 2014

FINDINGS: ALL-CAUSE MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>739.4</td>
<td>674.7</td>
<td>667.8</td>
<td>1675</td>
<td>-1.7</td>
</tr>
<tr>
<td>Male</td>
<td>1001.7</td>
<td>885.2</td>
<td>930.1</td>
<td>1503</td>
<td>-19.0</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

Fig. 4: Male all-cause mortality, 2014
FINDINGS: ISCHEMIC HEART DISEASE

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>95.8</td>
<td>99.4</td>
<td>124.9</td>
<td>448</td>
<td>-42.1</td>
</tr>
<tr>
<td>Male</td>
<td>175.6</td>
<td>163.5</td>
<td>191.5</td>
<td>814</td>
<td>-53.5</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014
Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>49.8</td>
<td>51.1</td>
<td>47.4</td>
<td>1396</td>
<td>-35.5</td>
</tr>
<tr>
<td>Male</td>
<td>46.3</td>
<td>49.2</td>
<td>48.8</td>
<td>915</td>
<td>-43.0</td>
</tr>
</tbody>
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rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014
Fig. 8: Male cerebrovascular disease (stroke), 2014
### FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>40.3</td>
<td>38.9</td>
<td>43.8</td>
<td>849</td>
<td>+58.0</td>
</tr>
<tr>
<td>Male</td>
<td>58.8</td>
<td>51.4</td>
<td>67.6</td>
<td>671</td>
<td>-18.4</td>
</tr>
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</table>

rate per 100,000 population, age-standardized, 2014

*Fig. 9: Female tracheal, bronchus, and lung cancer, 2014*

*Fig. 10: Male tracheal, bronchus, and lung cancer, 2014*

### FINDINGS: BREAST CANCER

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>28.2</td>
<td>24.3</td>
<td>25.9</td>
<td>2282</td>
<td>-8.4</td>
</tr>
<tr>
<td>Male</td>
<td>0.3</td>
<td>0.3</td>
<td>0.3</td>
<td>754</td>
<td>-9.6</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

*Fig. 11: Female breast cancer, 2014*

*Fig. 12: Male breast cancer, 2014*
### FINDINGS: MALIGNANT SKIN MELANOMA

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>2.6</td>
<td>2.3</td>
<td>1.9</td>
<td>2835</td>
<td>+15.0</td>
</tr>
<tr>
<td>Male</td>
<td>6.4</td>
<td>5.6</td>
<td>4.5</td>
<td>2962</td>
<td>+59.7</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

![Fig. 13: Female malignant skin melanoma, 2014](image)

![Fig. 14: Male malignant skin melanoma, 2014](image)

### FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>48.9</td>
<td>49.7</td>
<td>49.6</td>
<td>1065</td>
<td>+59.7</td>
</tr>
<tr>
<td>Male</td>
<td>68.7</td>
<td>58.6</td>
<td>63.8</td>
<td>1674</td>
<td>+83.2</td>
</tr>
</tbody>
</table>

rate per 100,000 population, age-standardized, 2014

![Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014](image)

![Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014](image)
**FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY**

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>15.0</td>
<td>11.3</td>
<td>9.0</td>
<td>2928</td>
<td>+42.4</td>
</tr>
<tr>
<td>Male</td>
<td>41.1</td>
<td>34.8</td>
<td>30.9</td>
<td>2477</td>
<td>+35.1</td>
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rate per 100,000 population, age-standardized, 2014

**Fig. 17: Female self-harm and interpersonal violence mortality, 2014**

**Fig. 18: Male self-harm and interpersonal violence mortality, 2014**

**FINDINGS: TRANSPORT INJURIES MORTALITY**

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
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<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>12.3</td>
<td>10.6</td>
<td>8.1</td>
<td>1305</td>
<td>-37.0</td>
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<tr>
<td>Male</td>
<td>31.0</td>
<td>23.3</td>
<td>19.8</td>
<td>1597</td>
<td>-38.2</td>
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rate per 100,000 population, age-standardized, 2014

**Fig. 19: Female transport injuries mortality, 2014**

**Fig. 20: Male transport injuries mortality, 2014**
FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>8.4</td>
<td>8.9</td>
<td>8.2</td>
<td>1724</td>
<td>+271.8</td>
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<tr>
<td>Male</td>
<td>13.0</td>
<td>13.5</td>
<td>18.7</td>
<td>1129</td>
<td>+117.6</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1980-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>12.4</td>
<td>12.8</td>
<td>11.8</td>
<td>1575</td>
<td>+21.4</td>
</tr>
<tr>
<td>Male</td>
<td>18.8</td>
<td>21.4</td>
<td>22.2</td>
<td>1003</td>
<td>+12.4</td>
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rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014
### FINDINGS: HEAVY DRINKING

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 2005-2012</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>6.3</td>
<td>7.0</td>
<td>6.7</td>
<td>2016</td>
<td>+50.3</td>
</tr>
<tr>
<td>Male</td>
<td>10.8</td>
<td>10.7</td>
<td>9.9</td>
<td>1765</td>
<td>+21.4</td>
</tr>
</tbody>
</table>

Prevalence (%), age-standardized, 2012

**Fig. 25: Female heavy drinking, 2012**

**Fig. 26: Male heavy drinking, 2012**

### FINDINGS: BINGE DRINKING

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 2002-2012</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>11.7</td>
<td>12.1</td>
<td>12.4</td>
<td>1778</td>
<td>+0.4</td>
</tr>
<tr>
<td>Male</td>
<td>24.1</td>
<td>22.7</td>
<td>24.5</td>
<td>1552</td>
<td>-5.0</td>
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Prevalence (%), age-standardized, 2012

**Fig. 27: Female binge drinking, 2012**

**Fig. 28: Male binge drinking, 2012**
### FINDINGS: SMOKING

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 1996-2012</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>21.5</td>
<td>18.0</td>
<td>17.9</td>
<td>1474</td>
<td>+1.1</td>
</tr>
<tr>
<td>Male</td>
<td>25.5</td>
<td>21.4</td>
<td>22.2</td>
<td>1598</td>
<td>-6.3</td>
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</table>

prevalence (%), age-standardized, 2012

**Fig. 29: Female smoking, 2012**

**Fig. 30: Male smoking, 2012**

### FINDINGS: OBESITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 2001-2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>38.3</td>
<td>35.0</td>
<td>36.1</td>
<td>1497</td>
<td>+41.7</td>
</tr>
<tr>
<td>Male</td>
<td>33.0</td>
<td>33.9</td>
<td>33.8</td>
<td>349</td>
<td>+18.2</td>
</tr>
</tbody>
</table>

prevalence (%), age-standardized, 2011

**Fig. 31: Female obesity, 2011**

**Fig. 32: Male obesity, 2011**
## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

<table>
<thead>
<tr>
<th>Sex</th>
<th>Twin Falls County</th>
<th>Idaho</th>
<th>National</th>
<th>National rank</th>
<th>% change 2001-2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>56.4</td>
<td>58.7</td>
<td>52.6</td>
<td>551</td>
<td>+15.8</td>
</tr>
<tr>
<td>Male</td>
<td>60.0</td>
<td>60.5</td>
<td>56.3</td>
<td>389</td>
<td>+0.0</td>
</tr>
</tbody>
</table>

prevalence (%), age-standardized, 2011

**Fig. 33: Female recommended physical activity, 2011**

**Fig. 34: Male recommended physical activity, 2011**