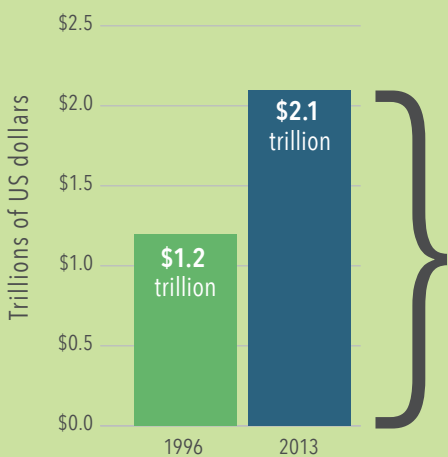


Health care spending in the United States



To combat rising health spending, it is critical to understand what conditions are driving the spending. The **first-ever study** of how much America spends on different conditions, ages, sexes, and types of care can be used to address rising health spending. **The Institute for Health Metrics and Evaluation** led this study.

US spending on personal health care*



On which conditions does the US spend the most money, and how are they changing over time?

in billions of US dollars

Annualized rate of change, 1996 - 2013

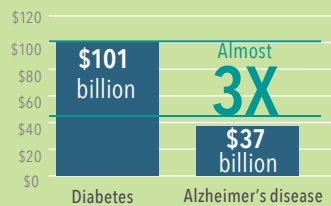
| Rank | Condition | Spending (Billions) | Annualized Rate of Change (%) |
|------|-------------------------------|---------------------|-------------------------------|
| 1 | Diabetes mellitus | 101.40B | 6.10% |
| 2 | Ischemic heart disease | 88.10B | 0.20% |
| 3 | Low back and neck pain | 87.60B | 6.50% |
| 4 | High blood pressure | 83.90B | 5.10% |
| 5 | Falls | 76.30B | 3.00% |
| 6 | Depression | 71.10B | 3.40% |
| 7 | Oral disorders | 66.40B | 2.90% |
| 8 | Vision and hearing loss | 59.00B | 2.80% |
| 9 | Skin diseases | 55.70B | 3.50% |
| 10 | Pregnancy and postpartum care | 55.60B | 2.90% |

*Totals reflect amount of spending that could be broken down by condition.

Note: Spending on oral disorders includes oral surgery and cavities, including fillings, crowns, tooth removal, & dentures; skin diseases include conditions such as cellulitis, cysts, acne, and eczema.

1 Diabetes

Americans spent nearly three times as much money on diabetes as they did on Alzheimer's disease in 2013.



58% of spending on diabetes is on pharmaceuticals



3 Low back and neck pain



69% of spending on low back and neck pain is on people ages 20 to 64 years

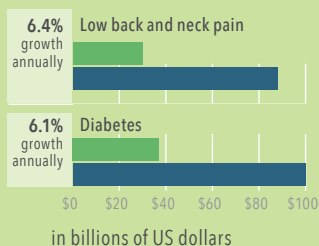
7 Oral disorders



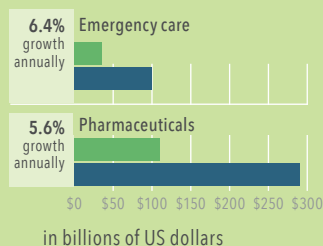
According to experts, oral disorders could be prevented through regular dental visits and access to dental care.

Fastest spending growth from 1996 to 2013

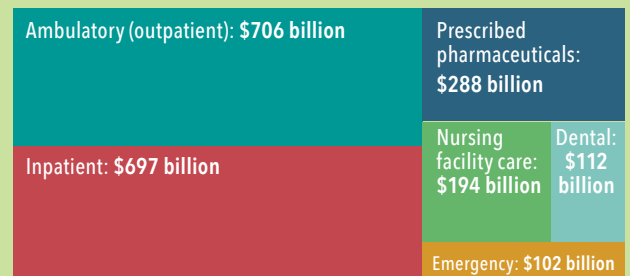
By condition



By type of care



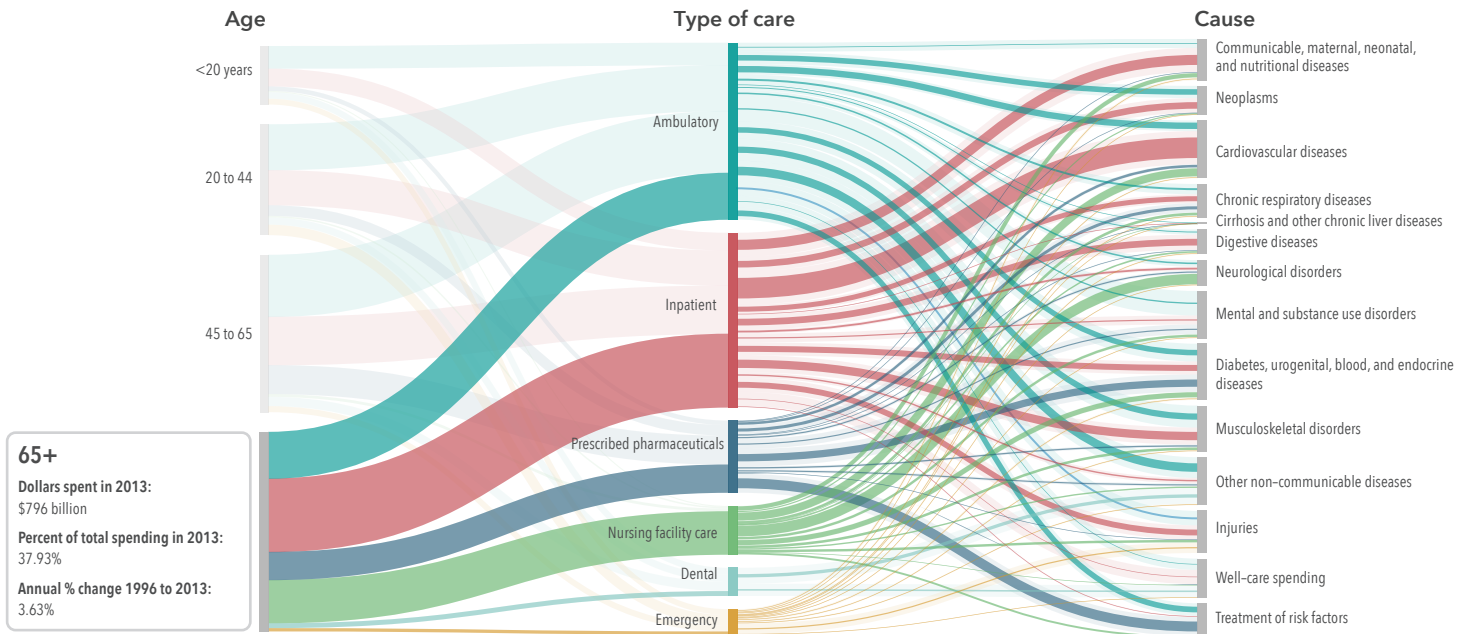
How much money is spent on different types of care? 2013



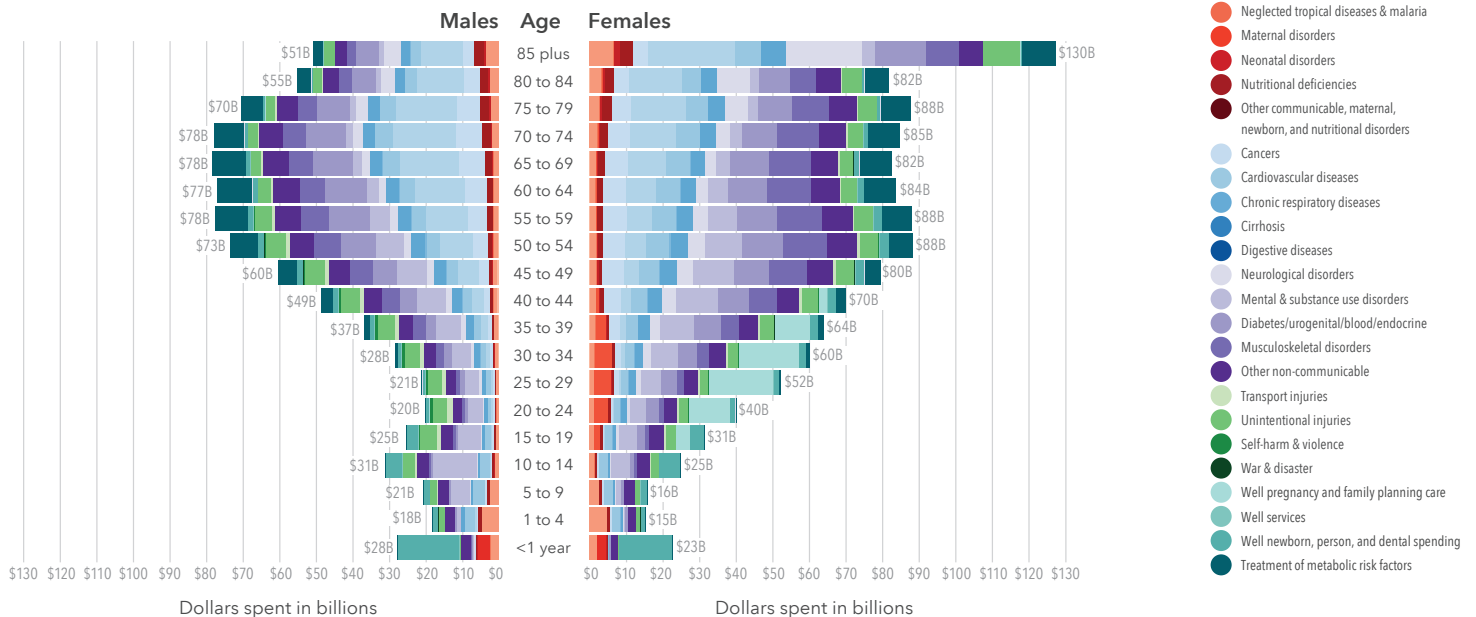
Data visualization tool online (vizhub.healthdata.org/dex/) allows you to answer questions such as

Among ages 65+, how much is spent on different types of care and conditions?

Total for 2013, both sexes: \$2.1 trillion



How do spending patterns differ by age and sex in 2013?



Methods

Researchers used insurance claims from the private sector and Medicare, in addition to household surveys, health facility administrative records, and government budget information to make spending estimates. They used the International Classification of Diseases, Ninth Revision (ICD-9) to classify spending by health condition.

For more information

see Dieleman et al, "US spending on personal health care and public health, 1996-2013," *JAMA*, 2016.

<http://bit.ly/us-spending-2013>