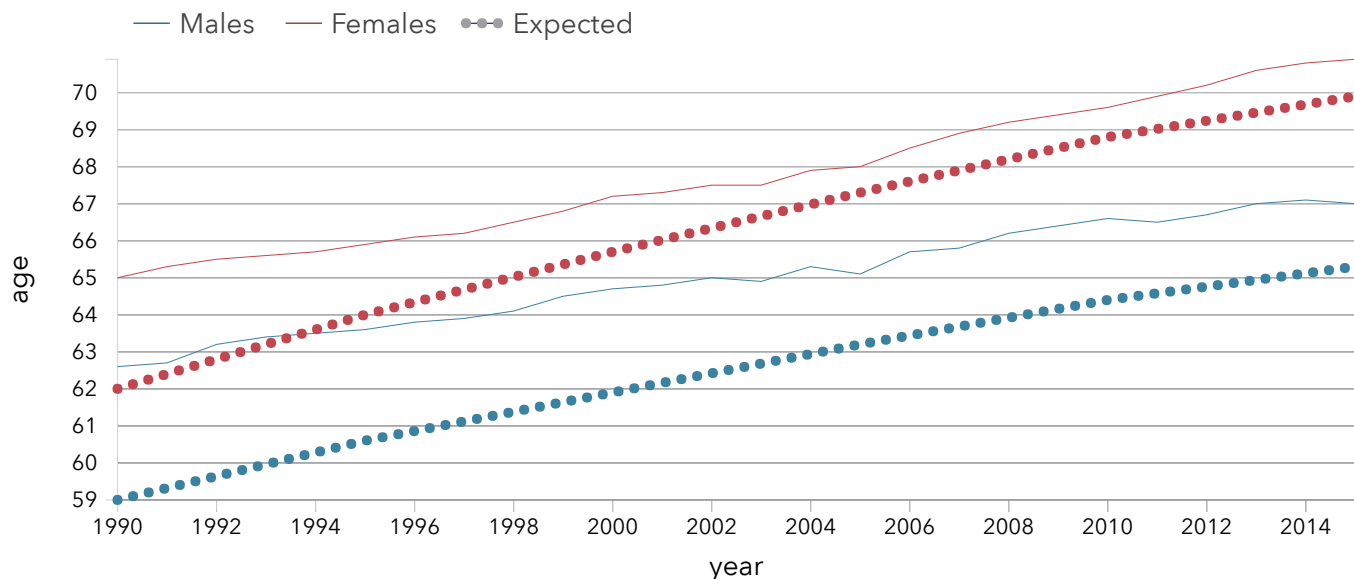


Eastern Mediterranean Region Profile

“Danger ahead” is a warning to political leaders and public health officials in the Eastern Mediterranean Region (EMR). A compilation of papers based on the Global Burden of Disease Study 2015 reveals that improved health conditions and life expectancy over the past 20 years are being subverted by wars and civil unrest, along with other emerging problems. The burden of diabetes is increasing, and mental illness is a leading form of disability in the region. Poor diet is the leading risk factor, followed by child and maternal malnutrition. Rates of self-harm and interpersonal violence, such as suicide, homicide, and physical and sexual assault, are increasing faster in the EMR than any other region in the world. Moreover, climate change has resulted in increasingly soaring temperatures. Portions of the region are projected to be uninhabitable in the future.

This region is one of the most complex, challenging, and contentious in the world. Improving health during unrest and endemic violence, combined with failing health systems, is challenging at best. With fewer preventive services and individuals’ increasing exposure to perilous events, those in the EMR face a desperate future.

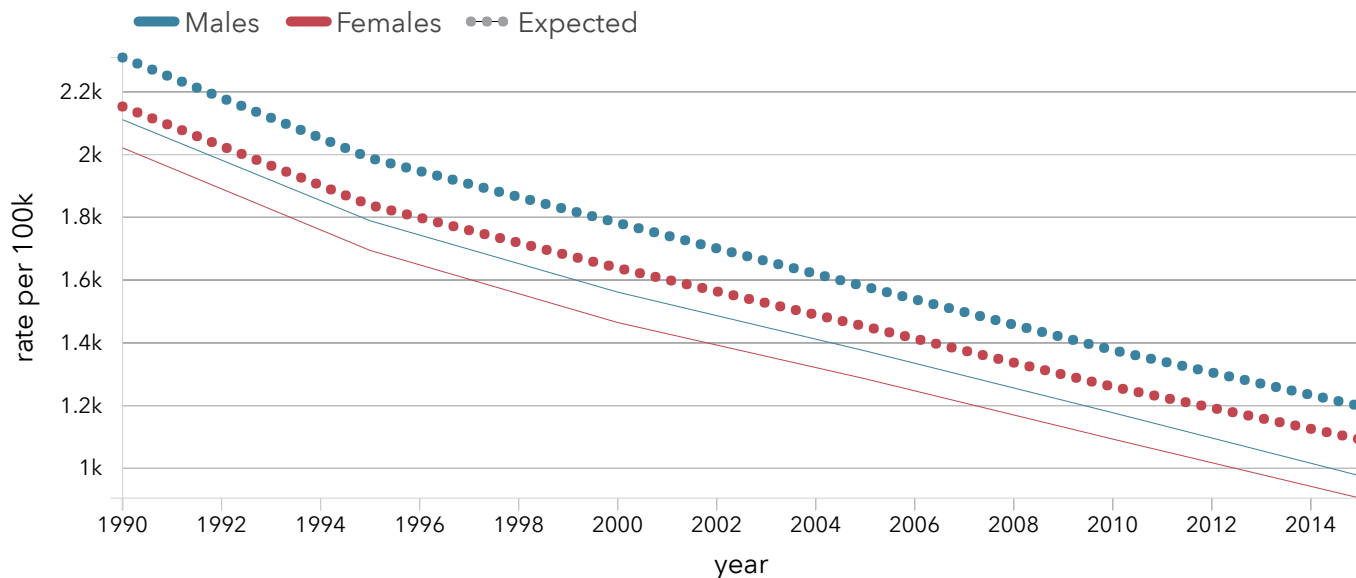
How long do people live?



	Expected		Observed	
	1990	2015	1990	2015
Males	59.0	65.3	62.6	67.0
Females	62.0	69.9	65.0	70.9

Life expectancy, 1990-2015

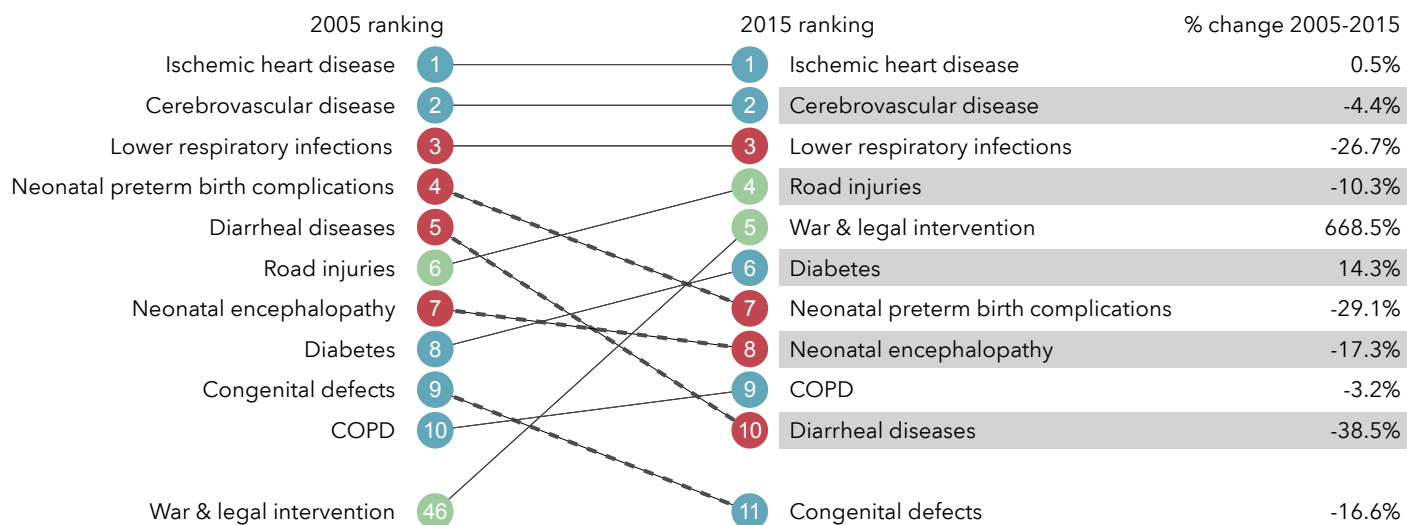
What is the mortality trend in the under 5 age group?



	Expected		Observed	
	1990	2015	1990	2015
Males	2,309	1,198	2,111	976.3
Females	2,153	1,093	2,022	905.2

All cause under 5 mortality rate, 1990-2015

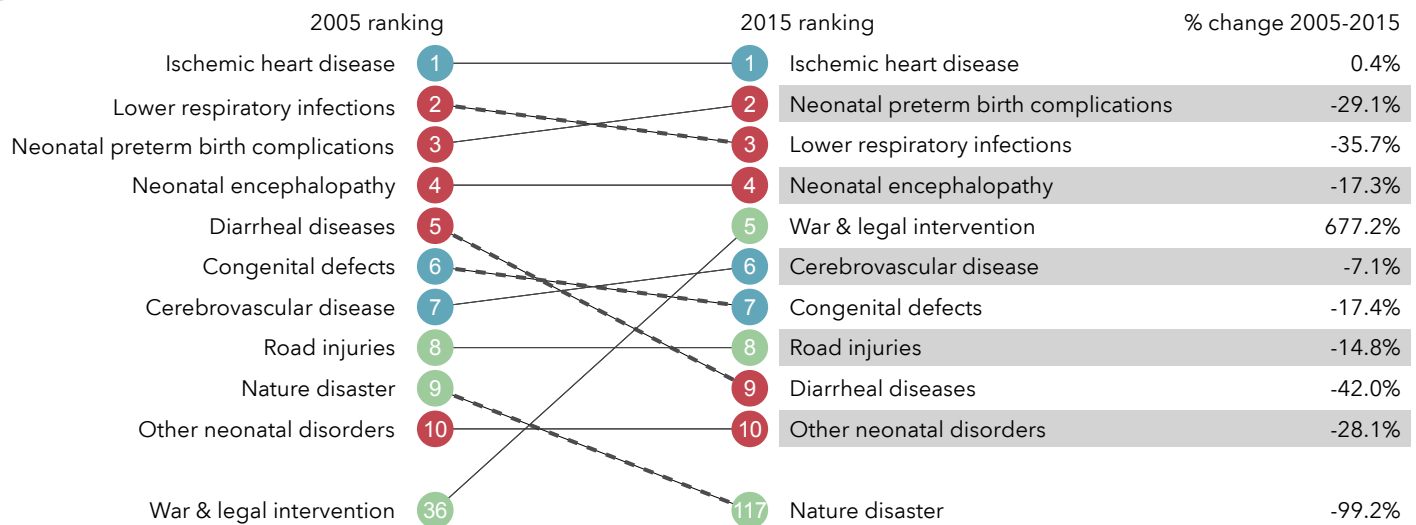
What causes the most deaths?



Top 10 causes of death by rate in 2015 and percent change, 2005-2015

What causes the most premature death?

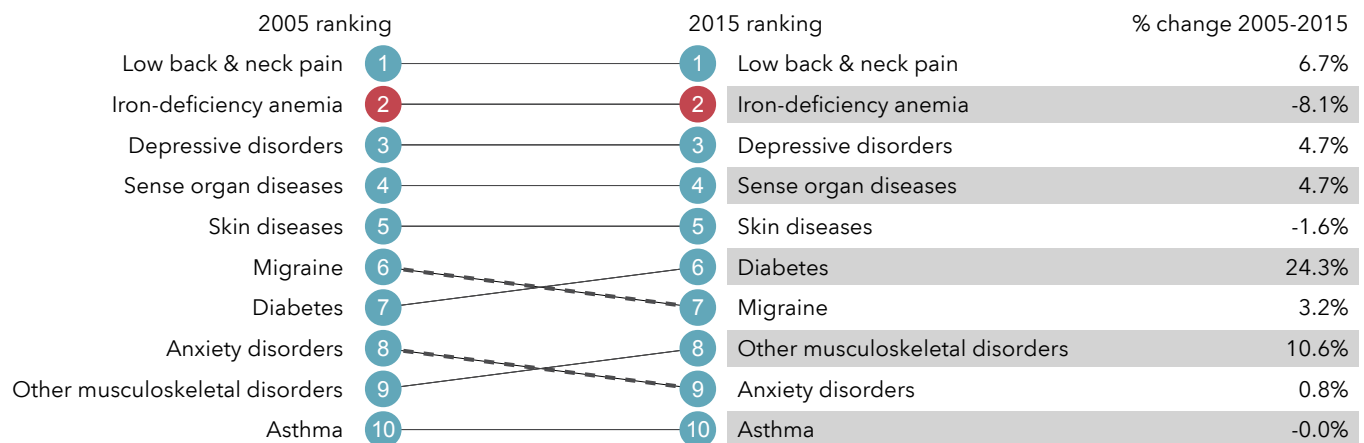
- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



Leading causes of premature death (YLLs) in 2015 and percent change, 2005-2015

What health problems cause the most disability?

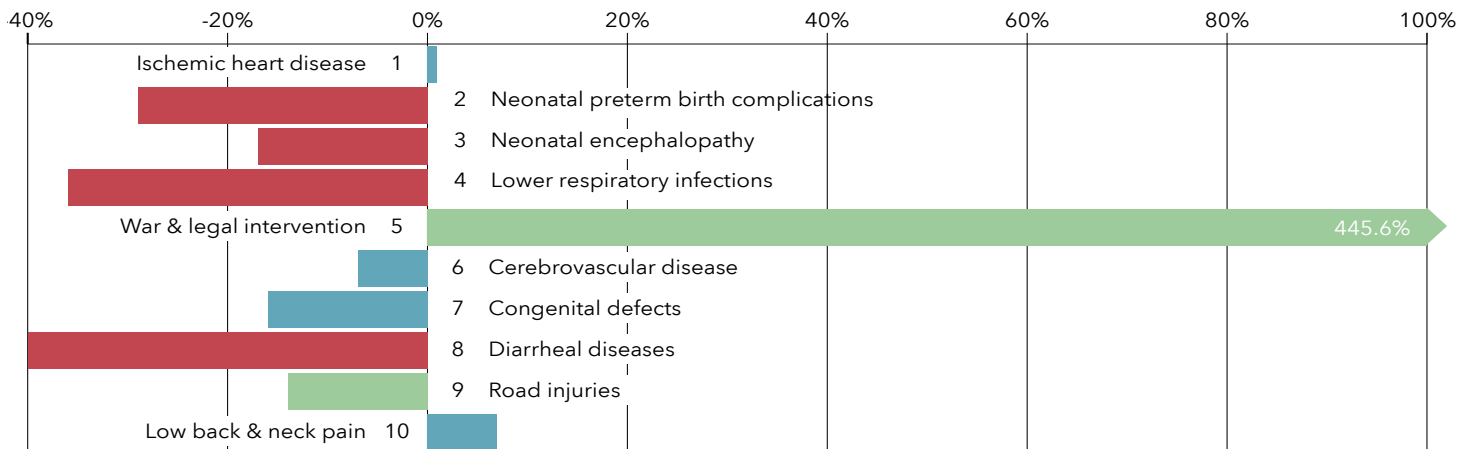
- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



Leading causes of YLDs in 2015 and percent change, 2005-2015

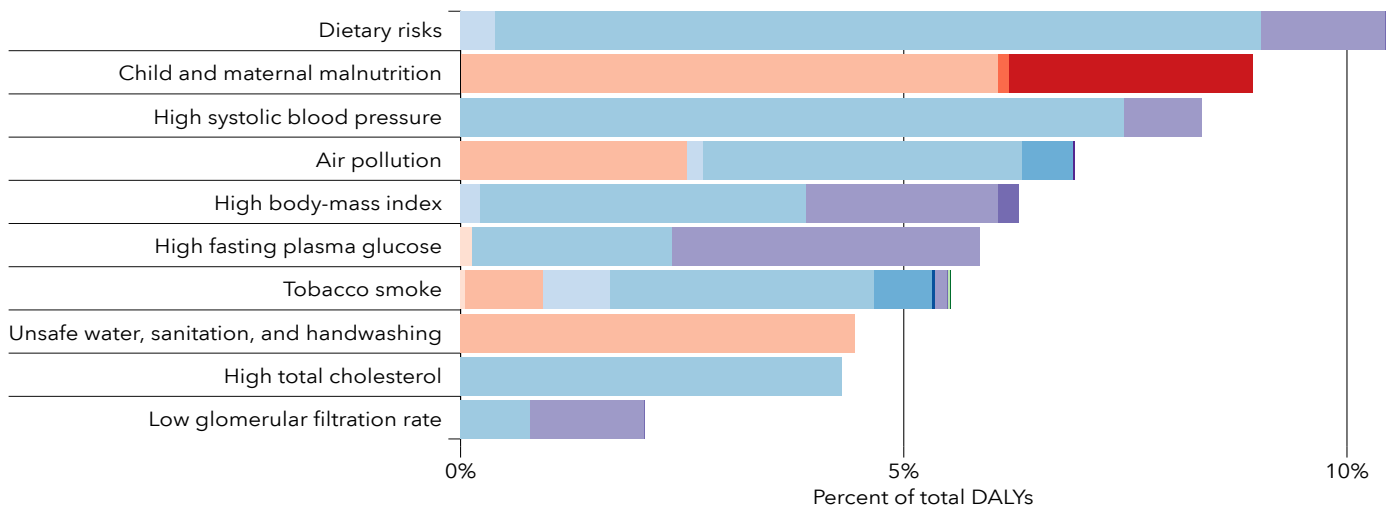
What causes the most death and disability combined?

- Communicable, maternal, neonatal, and nutritional diseases
- Non-communicable diseases
- Injuries



Leading causes of DALYs in 2015 and percent change, 2005-2015

What risk factors drive the most death and disability combined?



- HIV/AIDS and tuberculosis
- Diarrhea, lower respiratory, and other common infectious diseases
- Maternal disorders
- Nutritional deficiencies
- Neoplasms
- Cardiovascular diseases
- Chronic respiratory diseases
- Digestive diseases
- Diabetes, urogenital, blood, and endocrine diseases
- Musculoskeletal disorders
- Other non-communicable diseases
- Transport injuries
- Unintentional injuries
- Self-harm and interpersonal violence
- Forces of nature, war, and legal intervention

Top causes of DALYs with key risk factors, 2015