The burden of antimicrobial resistance (AMR) in Estonia

AMR represents a global challenge

- **4.95 million** people who died in 2019 suffered from drug-resistant infections.
- AMR directly caused **1.27 million** of those deaths.
- **1 in 5** of those deaths occurred among children under 5 years old.

Figure 1 Global number of deaths by GBD cause and those associated with AMR

![Graph showing number of deaths by GBD cause and deaths associated with AMR](image)

The length of each bar shows the number of deaths by GBD cause and those associated with AMR in 2019.

**AMR burden in Estonia**

- In **Estonia** in 2019, there were **130** deaths attributable to AMR and **592** deaths associated with AMR.
- **Estonia** has the **19th lowest** age-standardized mortality rate per 100,000 population associated with AMR across 204 countries.

Figure 2. Age-standardized mortality rate associated with AMR in 2019 for 204 locations

![Graph showing age-standardized mortality rate associated with AMR](image)

The length of each bar shows the age-standardized mortality rate per 100,000 population associated with AMR in 2019.

- In the GBD region of **Eastern Europe**, **Estonia** has the **1st lowest** age-standardized mortality across 7 countries.
• The number of AMR deaths in Estonia is higher than deaths from digestive diseases, diabetes and kidney diseases, unintentional injuries, substance use disorders, and chronic respiratory diseases.

Figure 3. Placing AMR in context with other causes of death in 2019, Estonia

![Bar chart showing cause of death](chart.png)

The length of each bar states the number of deaths by GBD cause and those associated attributable to AMR in 2015.

• There are five pathogens to be aware of in Estonia (number of deaths associated with AMR in parenthesis): *Escherichia coli* (142), *Klebsiella pneumoniae* (81), *Acinetobacter baumannii* (79), *Enterococcus faecium* (55), and *Staphylococcus aureus* (50).

• These commonly caused bloodstream infections, peritoneal and intra-abdominal infections, and urinary tract infections and pyelonephritis.

• According to the Tracking AMR Country Self-Assessment Survey (TrACSS)1, “there is no National AMR action plan” in Estonia. The next step is that the plan should be “developed” in the short term, and this data should be used to ensure this progression.

---

Addendum: A summary of data sources for Estonia

In total, 471 million individual records or isolates covering 7,585 study-location-years were used as input data to our estimation process to develop the most comprehensive set of AMR estimates to date. A subset of data pertinent to this country is shown below, and as our analyses depend on reliable data sources, there is a need to improve this in the future. Going forward, new strategies for data preparation, implementation of more usable data, and inclusion of new systematic literature reviews will result in an enhanced overall analysis. Specific policies that will improve AMR surveillance and link outcomes with resistance data will help us improve this research endeavor. If we expand the quantity and quality of data in this country (but also worldwide), we are confident that future iterations of these estimates (but also those of other research groups) will be able to assess the effect of AMR even more precisely and help tailor optimal approaches to ever-increasing threat of antibiotic resistance.

Table 1. Data inputs for Estonia by source type

<table>
<thead>
<tr>
<th>Source type</th>
<th>Sample size</th>
<th>Sample size units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microbial or laboratory data with/without outcome</td>
<td>146,038</td>
<td>Isolates</td>
</tr>
<tr>
<td>Single drug resistance profile data</td>
<td>367</td>
<td>Antibiotic susceptibility test</td>
</tr>
</tbody>
</table>
More information

About GRAM:

The purpose of the Global Research on AntiMicrobial resistance (GRAM) project is to generate accurate and timely estimates of the magnitude and trends in antimicrobial resistance (AMR) burden across the world, which can be used to inform treatment guidelines and agendas for decision-making and research, detect emerging problems and monitor trends to inform global strategies, as well as facilitate the assessment of interventions over time.

GRAM is the flagship project of the University of Oxford–IHME Strategic Partnership. GRAM was launched with support from the United Kingdom Department of Health and Social Care’s Fleming Fund, the Wellcome Trust, and the Bill & Melinda Gates Foundation.

All resources:

For all resources on AMR analysis at IHME, visit https://www.healthdata.org/antimicrobial-resistance.

Further details are available on our FAQ page

Data sources:

To download the list of data input sources by country, and AMR results by region, visit the Global Health Data Exchange (GHDx).

Contact us:

- For inquiries about the analysis and questions from government officials, health departments, or research institutions: engage@healthdata.org
- For media-related inquiries: media@healthdata.org
- IHME social media handles:
  - Twitter: @IHME_UW
  - Facebook: https://www.facebook.com/IHMEUW
  - LinkedIn: https://www.linkedin.com/company/institute-for-health-metrics-and-evaluation