Global forecasts for 2050

529 MILLION

- Every country to see an increase
- Prevalence rate projected to 16.8% in the super-region of North Africa and the Middle East
- Prevalence rate projected to 11.3% in the super-region of Latin America and the Caribbean

96% of all global cases are type 2 diabetes.

Top risk factors associated with type 2 diabetes

1. High body mass index
2. Dietary risks
3. Environmental/occupational risks
4. Tobacco use
5. Low physical activity
6. Alcohol use

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Low- and middle-income countries (LMICs) face the greatest challenge with the rapidly increasing diabetes burden.

Prevalence rate projected to

16.8% in the super-region of North Africa and the Middle East
11.3% in the super-region of Latin America and the Caribbean

This study emphasizes the pressing need for accurate, focused data to guide the development of effective programs targeting these factors.

Citation: Ong, K.L., GBD 2021 Diabetes Collaborators, Vos, T. Global, the regional, and national burden of diabetes 1990–2021 and projections to 2050: a systematic analysis for the Global Burden of Disease Study 2021. The Lancet, 2023