The COVID-19 pandemic has had a large and uneven impact on global mental health.

Cases of mental disorders rose sharply during the pandemic:
- Cases in 2020:
  - Major depressive disorder: 53.2m
  - Anxiety disorders: 193m

Additional cases due to COVID-19:
- 76.2m

Increases were higher among females than males:
- Major depressive disorder:
  - Female: 35.5m
  - Male: 17.7m
  - Total: 53.2m
- Anxiety disorders:
  - Female: 51.8m
  - Male: 24.4m
  - Total: 76.2m